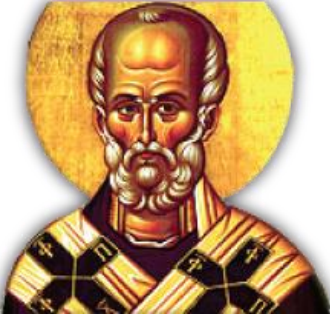


OCTOBER 15, 2017–Fourth Sunday of Luke

The 350 Holy Fathers of the 7th Ecumenical Council (In Nicaea, against the Iconoclasts).
Venerable Martyr Lucian of Antioch; Venerable Savinos, Bishop of Catania; Varsos the Confessor



WELCOME TO ST. NICHOLAS GREEK ORTHODOX CATHEDRAL

VISIT www.stnickspgh.org TODAY for news and updates about our parish!

CLERGY: Rev. Fr. Christopher Bender and Rev. Dn. Robert Lykos

Father's Cell & Email: 724-630-3483; frchbender@verizon.net

PROTOPSALTIS: Dr. Nick Giannoukakis CHANTER & CHOIR DIRECTOR: Steve Andrews

ORGANIST: Igor Kraevsky ALTAR BOY CAPTAINS: Andreas Paljug & Jacob Kefalos

Questions about our Parish? Email Debbie Sandherr, Office Mgr. at church@stnickspgh.org

SERVICE SCHEDULE: **Winter schedule (Current)** Sept.-June, 8:30 a.m. Orthros & 10 a.m. Divine Liturgy;
summer schedule July & August 8 a.m. Orthros & 9:30 a.m. Divine Liturgy

TO OUR VISITORS & GUESTS: We welcome you to worship today, whether you are an Orthodox Christian or this is your first visit to an Orthodox Church, we are so pleased to have you with us! Although Holy Communion and other Sacraments are offered only to baptized and chrismated (confirmed) Orthodox Christians in good standing with the church, all are invited to receive the Antidoron (blessed bread) from the priest at the conclusion of the Divine Liturgy. The Antidoron is not sacramental, but is reminiscent of the agape feast that followed worship in the ancient Christian Church. After the Divine Liturgy this morning, please join us in the Church hall for fellowship and refreshments. **Please sign our visitor's book at the back of the church before you leave today,** and leave an email address if you want to receive news & announcements from St. Nicholas.

Epistle: Titus 3: 8-15 (p. 152)

Gospel: Luke 8: 5-15 (p. 153)

HYMNS: See pg. 2

PLEASE JOIN US for coffee & fellowship after services.

THIS WEEK AT ST. NICHOLAS:

Sunday, October 15:	STEWARDSHIP SUNDAY & Meet the Ministries Luncheon, 12:15 p.m.
Monday, October 16:	GOYA Boys Basketball- ALL Are Welcome , 7 p.m.
Tuesday, October 17:	Open Gym/Young Adult Basketball, 8:30 p.m.
Wednesday, October 18:	Adult Greek School: Beginners, 6:30 p.m., Advanced, 8 p.m.; GOYA Girls Basketball- ALL Are Welcome , 7 p.m.
Thursday, October 19:	SPANAKOPITA: Prep Work, 3 p.m.; Living Orthodoxy, 11 a.m.
Saturday, October 21:	Greek School, 10 a.m.
Sunday, October 22:	SPANAKOPITA: Assembling Rolls, after church GOYA Meeting after Liturgy; GARDEN CLUB Meeting after coffee hour

It is with great sadness that we write to inform you of the passing of long-time St. Nicholas Cathedral member **NICHOLAS BELDECOS**. Visitation will take place on **Monday, October 16th** from 3 to 7 p.m. at Freyvogel Funeral Home, with a Trisagion service at 6:30 p.m.

Visitation will continue on Tuesday morning, October 17 from 10-11 a.m. at St. Nicholas Cathedral, with the funeral to follow there at 11:00 a.m. **May God grant him eternal rest, and comfort to his family in their time of loss.**

JOIN US TODAY, Stewardship Sunday FOR A PARISH MINISTRIES OPEN HOUSE & LUNCHEON SUNDAY, OCTOBER 15, 2017

FOLLOWING THE DIVINE LITURGY IN THE CATHEDRAL ROOM (LARGE HALL)

FREE WILL OFFERING TO BENEFIT FOCUS' TRAUMA INFORMED COMMUNITY DEVELOPMENT

OCTOBER 15, 2017–Fourth Sunday of Luke

The 350 Holy Fathers of the 7th Ecumenical Council (In Nicaea, against the Iconoclasts).
Venerable Martyr Lucian of Antioch; Venerable Savinos, Bishop of Catania; Varsos the Confessor

Tone 2

Orthros Gospel 8

SCRIPTURE READINGS:

Epistle: Titus 3: 8-15 (p. 152)

Gospel: Luke 8: 5-15 (p. 153)

SPECIAL HYMNS OF THE DAY (SMALL ENTRANCE):

First to be chanted as the priest exits the Altar at the Small Entrance is the Resurrection Apolytikion in Tone 2
(See p. 170 in the Divine Liturgy books.)

Then, the usual Eisodikon (Entrance Hymn) in Tone 2 is chanted:

Δεῦτε προσκυνήσωμεν καὶ προσπέσωμεν Χριστῷ. Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἀναστὰς ἐκ νεκρῶν (ἢ ὁ ἐν Ἁγίοις
θαυμαστός), ψάλλοντάς σοι Ἀλληλούϊα.

“Come let us worship and fall down before Christ. Save us O Son of God, who arose from the dead.
We sing to you, Alleluia.”

After this, the Resurrection Apolytikion is repeated. Then we hear the hymn for the Holy Fathers:

Ὑπερδεδοξασμένος εἶ, Χριστέ ὁ Θεὸς ἡμῶν, ὁ φωστῆρας ἐπὶ γῆς τοὺς Πατέρας ἡμῶν θεμελιώσας,
καὶ δι' αὐτῶν πρὸς τὴν ἀληθινὴν πίστιν, πάντας ἡμᾶς ὁδηγήσας· πολυεύσπλαγχνε, δόξα σοι
You are greatly glorified, O Christ our God, who established our Fathers as luminaries upon the earth,
and through them led us all to the true Faith. O Most compassionate, glory to You.

Next, the Apolytikion for the Patron Saint of our church is chanted:

Κανόνα πίστεως καὶ εἰκόνα πραότητος, ἐγκρατείας Διδάσκαλον, ἀνέδειξέ σε τῇ ποιμνῇ σου, ἢ τῶν πραγμάτων
ἀλήθεια· διὰ τοῦτο ἐκτήσω τῇ ταπεινώσει τὰ ὑψηλά, τῇ πτωχείᾳ τὰ πλούσια, Πάτερ Ἱεράρχα Νικόλαε·
πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

The truth of things have revealed you to your flock as a rule of faith, an icon of meekness, and a teacher of
temperance; for this cause you have achieved the heights by humility, riches by poverty. O Father and
Hierarch Nicholas, intercede with Christ God that our souls be saved.

Finally, we hear the Kontakion in Tone 4 of the Theotokos:

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία πρὸς τὸν Ποιητὴν ἀμετάθετε. Μὴ παρίδης ἀμαρτωλῶν
δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθὴ, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι· Τάχυνον
εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἱκεσίαν, ἢ προστατεύουσα ἀεὶ, Θεοτόκε, τῶν τιμώντων σε.

A protection of Christians that cannot be put to shame, intercessor to our Holy Maker unwavering,
please reject not the prayerful cries of those who are in sin. Instead, come to us, for you are good;
your loving help bring unto us, who are crying in faith to you: hasten to intercede
and speed now to supplicate, as a protection for all time, Theotokos, for those who honor you.

After the Gospel reading return to page 12 of the Divine Liturgy Book for the remainder of the Service.

THANK YOU! GOYA THANKS YOU FOR HELPING US HELP OTHERS IN GREAT NEED. THANK YOU!

GOYA offers our most sincere thanks to our St. Nicholas Church family for your very generous donations for the **Walk for Missions**, held on October 8th. **Thanks to you, we raised \$1,415 for the Orthodox Clergy Brotherhood's fund drive for needy children & adults served by the Orthodox Mission in Guatemala.** Thank you for making it possible to supply additional medical, dental and spiritual support to these people in great need. Your donations will be used to fund the critical work of Fr. John Chakos and Presbyteria Sandy, and their team. GOYA would like to extend a special thank you to Pam Bertos who led GOYAns, JOY, College Students, Young Adults and Parents on a vigorous and fun-filled 4.35 mile walk through the beautiful paths of Schenley Park. We also thank the Hages Family for donating the post-walk luncheon & refreshments to all. GOYA will be mailing out individual letters acknowledging your specific generosity for your records in the weeks ahead. Once again GOYA thanks you, our St. Nicholas Church family, for your continued support which makes all we do possible.

THANK YOU! THANK YOU! THANK YOU! GOYA THANKS YOU! THANK YOU! THANK YOU! THANK YOU!

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SIXTY CLUB NEWS: Thanks for a fun, positive meeting last week. Look for announcements by the end of October. In the meantime, don't forget to reserve your ticket for the **Holiday Pops**, Saturday matinee December 9 at Heinz Hall.

The cost is \$40.00 for the back rows on the main floor (no steps). **Payment is due October 31.**

Contact Virginia Fekaris (412-687-4804) or Gus Mastros (412-681-2140).

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LEARNING ABOUT BREAST CANCER Join the *Daughters of Penelope & St. Nicholas Philoptochos Society* as they present a lecture given by Dr. Gordon Abrams, Radiologist at Magee & U.P.M.C. The lecture will be given on Tuesday, October 17th, 7 p.m. at St. Nicholas Greek Orthodox Cathedral in the Crystal room.

Light Refreshments will be served after the lecture. Please R.S.V.P. to JLM563@aol.com by October 10th.

ALSO, there will be a "THINK PINK" bake sale hosted by the Daughters of Penelope on

October 29th here at St. Nicholas Cathedral following liturgy.

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THE FOOD BANK SUPPORTS several of our parishioners and continues to need your support. You can donate to the "St. Nicholas Philoptochos Food Bank" or through United Way by designating the St. Nicholas Food Bank (#3288) through your employers United Way contribution. *Questions? Call Elaine 412-731-4334 or Denise 412-508-1326.*

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THE ST. NICHOLAS GARDEN CLUB will meet on **Sunday, October 22nd after Coffee Hour.**

2017 dues can now be paid to Elaine Andrianos or Lillie Panagoulas.

Your \$10 dues help maintain the Forbes Avenue parklet, the trees, shrubs and annuals. **Thank you in advance!**

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NOTICE FOR ALL ORGANIZATIONS OF ST. NICHOLAS: To organize and prioritize the daily needs of St. Nicholas Cathedral, our maintenance staff has adopted a task-list system, prepared with their input, which allots time for routine, seasonal and unexpected needs of our facilities. Employees are required to submit a check list of tasks accomplished daily to the Office Manager (OM) who, in turn, confirms the work has been completed.

Any additional task requested of the maintenance staff must be scheduled through the OM. EXAMPLES

INCLUDE: running errands, emptying deliveries, setting up tables and chairs, taking something to storage, etc. The OM is responsible for all scheduling of help, including extra personnel needed for church functions. We have established a proven labor pool that must be respected & used efficiently. **All organizations are asked to adhere to this policy.**

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2017 Stewardship Pledge Cards are in the Narthex

(Just ask a member of Parish Council)

If you have already submitted your 2017 Stewardship Commitment, **THANK YOU!** If not, please take the time to make your financial Stewardship Commitment today and complete the talent portion of the card to enable **OUR** Community to grow and carry on the mission of our faith. Re-dedicate yourself to God by participating in the Divine Liturgy each Sunday and offer your **TIME, Talent and treasure.**

HELP US REACH/ EXCEED OUR GOAL!!

***"As the Father Has Sent Me,
So I Send You"*** John 20:21

<u>2017</u>	<u>STEWARDSHIP</u>
Total Stewards	208 (GOAL 300)
Total Pledged	\$136,735.00 (GOAL \$175,000.00)
Avg. Pledge	\$657.38



From the Church School Desk:
"You Are the Voice of Christ in a Changing World."

Attention all Nounos, Nounas and Special Friends!
Sunday, November 5, 2017, will be
Godparent/Special Friend Sunday.



Godparents/Special Friends will worship during the Divine Liturgy, receive Holy Communion together and attend Church School to see what their Godchild/Special Friend learns there (and make cards to send to children at Children's Hospital for Make a Difference Day). Afterwards many will attend Coffee Hour sponsored by Philoptochos. It will be the start of a wonderful day together!

Please volunteer **your** time, talent and treasure to help **our** children. Yours in Christ, *Miss Michelle*



GOYA NEWS

- Basketball practice for the GOYA boys starts **Monday, October 16th at 7 p.m.**
- Basketball practice for the GOYA girls starts **Wed., October 18th at 7 p.m.**

There will be GOYA meeting on Sunday, October 22 after church in the GOYA Room. Looking forward to seeing everyone attend.

VOLUNTEERS NEEDED
TO MAKE THE PHILOPTOCHOS
SPANAKOPITA ROLLS

The sale of spanakopita rolls is one of Philoptochos' biggest fundraisers and enables us to assist those in need locally, nationally and internationally.

We need many hands over the course of several days to get the job done!!!

Please give a few hours of your time and bring a friend (or two or three)!

The schedule is as follows:

- ❖ **Thursday, October 19th, 3 p.m. – prep work**
- ❖ **Sunday, October 22 after church – begin assembling rolls**
- ❖ **Monday, October 23 – 9 a.m.–4 p.m. and wrapping beginning at 5 p.m.**
- ❖ **Tuesday, October 24 – 9 a.m.–4 p.m. and wrapping beginning at 5 p.m.**

Contact Marcie McGuire (412-719-0346)

Or Elaine Andrianos (412-731-4334) with any questions.

Keeping up with
Philoptochos

- ◆ **Update to Parish Directory** – Letters have gone out regarding the update to the Parish Directory. Please return the forms with your updated information as soon as possible!
- ◆ **Sponsors Needed for Parish Directory** – In order to offset the cost of printing the new directory, Philoptochos is offering parishioners the opportunity to sponsor, purchase or purchase an ad in the directory. If you are interested, please contact Nikki Lykos at 412-897-8208 or Michelle Kotsagrellos at 412-680-1416.
- ◆ **Food Bank** – The Food Bank supports several of our parishioners & continues to need your support! You can donate by making a check payable to "St. Nicholas Philoptochos Food Bank" or through United Way by designating St. Nicholas Food Bank (#3288) through your employers United Way contribution. Call Elaine Andrianos 412-731-4334 or Denise Daugherty 412-508-1326 w/questions!



St. Nicholas Greek Orthodox Cathedral
Godparent Sunday & Church School Open House
Sunday, November 5, 2017

Join your Godchild for
Church Worship,
Holy Communion
& Church School!

GREEK LANGUAGE
CLASSES

For Children:

Saturdays from 10 a.m. -12:30 p.m.

For Adults:

Wednesdays-

Beginners 6:30 p.m.

Advanced at 8 p.m.

***To enroll or if you have any
questions call Maria Stamoolis
at 412.963.7283***

COOKING ALERT!!



The price is right! Because of the great seasonal price we can get for eggplant, we plan on making

MOUSSAKA on: **Monday, October 30TH**,

Tuesday, October 31ST, & **Wednesday, Nov. 1ST**

We will peel, slice and bake the eggplant on Monday, then assemble on Tuesday & Wednesday! Let's get off to a great start! ***Cooking begins at 9 a.m.***

Visitation of Myrrh-streaming Icon of Theotokos “Kardiotissa”



Join us on October 27th, at 7-9 p.m.

for a Paraklesis Service

At St. Nicholas Greek Orthodox Cathedral

419 S. Dithridge Street, Pgh., PA 15213

***The Icon is visiting us from
St. George Carpatho-Russian Orthodox Church in Taylor, Pennsylvania***

ECCLESIASTICAL MUSIC MINISTRY AT THE CATHEDRAL

You are cordially invited!

Come and learn Byzantine chant from a world-class instructor, or join our choir and learn to sing the unique and beautiful arrangements composed by our founding choir director!



Our Cathedral is graced by two music ministries grounded in tradition that we hope you will consider participating in:

The first is rooted at the Analogion (the Chanter Bookstand). Our Analogion Ministry, blessed by the volunteer service of Dr. Nick Giannoukakis, invites and welcomes anyone with some musical ability, especially the younger generation, to join and learn the beautiful and 1200 year-old tradition of Byzantine hymnology and chant. Those who faithfully adhere to the ministry will not only have an opportunity to grow musically, but more importantly, will solidify their understanding of Greek, gain an appreciation for the structure of the services, and a better insight into our Orthodox faith and its theology through a comprehension of the hymns. With the exception of the summer months (June-August), the Ministry will focus on the Sunday Orthros and the occasional Vespers, in addition to the evening services of Lent and Holy Week. Between June and early September, the Ministry will also focus on the Holy and Divine Liturgy.

Dr. Giannoukakis, who was distinguished and tonsured as Protopsaltis by Metropolitan Maximos in 1998, and noted to be among the "who is who" of Byzantine Chanters in a historical compendium published in Greece in 1994, is also the only chanter in our Metropolis to hold a certificate and diploma in Byzantine Music from a Greek Music Conservatory. Dr. Giannoukakis, personally-trained by renowned and respected Greek chanters (Constantin Lagouros, Georgios Syrkas, Emmanuel Hatzimarkos), offers music to the highest possible standards of the Great Church of Christ (the Ecumenical Patriarchate) and has successfully trained young and old individuals for more than 25 years. To learn more, and to consider participating, contact Dr. Giannoukakis at ngni@andrew.cmu.edu or at ngianni@pitt.edu. All educational materials are complimentary.

The second is rooted in the rich polyphonic innovations of the late Rudolph Agraphiotis who in the early 1900s, first composed the lyrical Liturgy conducted in our church to this day. Some of the choir members are among those who came together to constitute the first choir directed by Mr. Agraphiotis. Today, the choir is in the very capable hands of Mr. Steve Andrews who directs it as another of our Cathedral's volunteers. The choir can be heard during the Divine Liturgy for most of the year's Sunday services as well as at the services for Holy Thursday, Friday, and Saturday.

The Choir invites and welcomes anyone with some musical ability, especially the younger generation, to join. To learn more, and to consider participating, contact Mr. Steve Andrews at beyondfromwithin@comcast.net. Why not join both ministries? As it is written: "He who delights in the Lord, and walks in the Light will not stumble" (From the Doxastikon of the Orthros of the 5th Sunday of Lent).

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The Greek Grille

St. Nicholas Greek Orthodox Cathedral

Come, enjoy our outdoor party! OPA!

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**Delicious gyros, chicken & pork souvlaki,
salad, loukoumades & more!**

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JOIN US November 13-17, 2017
Monday-Friday 11 a.m. - 8 p.m.



A campaign to burn our mortgage
by December, 2018

**Show your support by donating
and *TOGETHER*
we can reach our goal!**

St. Nicholas Cathedral thanks you for your support.

The Greek Nationality Room Committee
of the University Of Pittsburgh Nationality Rooms Program &
The American-Hellenic Foundation of Western PA present

50 Years Maria Callas: A Musical Tribute

Featuring: Soprano Ms. Alexandra Loutsion



Friday, November 3rd, 2017—6:30 p.m.

The Recital Auditorium

7th Floor Alumni Hall, University of Pittsburgh

4227 Fifth Ave, Pittsburgh, PA 15260

*~A refreshing aperitif reception together with a photo,
video & art tribute to Callas will precede the Main Program~*

To buy tickets, or to R.S.V.P., contact by email info@pahellenicfoundation.org
or call 412. 624. 6150

Adults: \$50, Students (with valid ID): \$20 (tickets also available at the event)

***All proceeds and donations will support University Student
Research Scholarships for study at universities in Greece and Cyprus.***

**A VOYAGE THROUGH THE LIFE AND THE ART OF THE GREAT DIVA
THROUGH PRESENTATION AND MASTERFUL PERFORMANCES
OF SONGS AND SOME OF CALLAS' ICONIC ARIAS IN THEIR FULL FORM**

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*Fifty years after her passing, Maria Callas remains a towering and historic Diva of opera.*

*With her vivid interpretations, Callas succeeded brilliantly at living for her art.*

*Soprano Aprile Millo once said, "Listening to Callas is like reading Shakespeare:*

*You're always going to be knocked senseless by some incredible insight into humanity."*