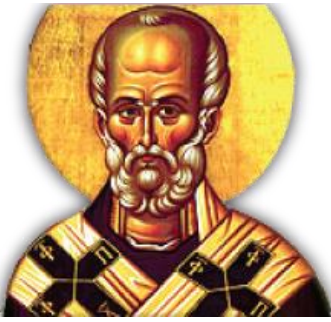


## OCTOBER 8, 2017-Third Sunday of Luke

Our Righteous Mother Pelagia and Pelagia the Virgin; Righteous Philip, Bishop of Gortyna



### WELCOME TO ST. NICHOLAS GREEK ORTHODOX CATHEDRAL

VISIT [www.stnickspgh.org](http://www.stnickspgh.org) TODAY for news and updates about our parish!

CLERGY: Rev. Fr. Christopher Bender and Rev. Dn. Robert Lykos

Father's Cell & Email: 724-630-3483; [frchbender@verizon.net](mailto:frchbender@verizon.net)

PROTOPSALTIS: Dr. Nick Giannoukakis CHANTER & CHOIR DIRECTOR: Steve Andrews

ORGANIST: Igor Kraevsky ALTAR BOY CAPTAINS: Andreas Paljug & Jacob Kefalos

Questions about our Parish? Email Debbie Sandherr, Office Mgr. at [church@stnickspgh.org](mailto:church@stnickspgh.org)

SERVICE SCHEDULE: **Winter schedule (Current)** Sept.-June, 8:30 a.m. Orthros & 10 a.m. Divine Liturgy;  
summer schedule July & August 8 a.m. Orthros & 9:30 a.m. Divine Liturgy

**TO OUR VISITORS & GUESTS:** We welcome you to worship today, whether you are an Orthodox Christian or this is your first visit to an Orthodox Church, we are so pleased to have you with us! Although Holy Communion and other Sacraments are offered only to baptized and chrismated (confirmed) Orthodox Christians in good standing with the church, all are invited to receive the Antidoron (blessed bread) from the priest at the conclusion of the Divine Liturgy. The Antidoron is not sacramental, but is reminiscent of the agape feast that followed worship in the ancient Christian Church. After the Divine Liturgy this morning, please join us in the Church hall for fellowship and refreshments. **Please sign our visitor's book at the back of the church before you leave today, and leave an email address if you want to receive news & announcements from St. Nicholas.**

**Epistle:** 2 Corinthians 9: 6-11 (p. 93) **Gospel:** Luke 7: 11-16 (p. 97) **HYMNS:** See pg. 2

**TODAY'S MEMORIAL SERVICE** is being chanted for the repose of the soul of the servant of God, **PATRICIA 'PENNY' KACHULIS** (40 days). May God grant her eternal rest and comfort to her family.

**TODAY'S TRISAGION** is being chanted for the repose of the souls of the servants of God, **EVYENIA PAPPAS** (6 years), **EVANGELIA VLASTOS** (24 years), **ANNA VERVILLES** (19 years) and **JOHN C. HANNA** (11 years), May God grant them eternal rest and comfort to their families.

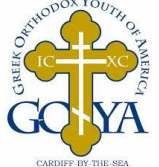
**PLEASE JOIN US** for coffee & fellowship after services, sponsored this week by the family of Evyenia Pappas.

### **THIS WEEK AT ST. NICHOLAS:**

<b>Sunday, October 8:</b>	<b>GOYA Walk for Missions, Schenley Park, 1 p.m., MEET IN THE GOYA ROOM</b> <b>Class: What I did NOT learn in Sunday school" with Dn. Lykos, Sanctuary after Liturgy</b>
<b>Monday, October 9:</b>	Philoptochos Board Meeting, 6 p.m.
<b>Tuesday, October 10:</b>	Open Gym/Young Adult Basketball, 8:30 p.m.
<b>Wednesday, October 11:</b>	Adult Greek School: Beginners, 6:30 p.m. and Advanced, 8 p.m.
<b>Thursday, October 12:</b>	Living Orthodoxy, 11 a.m.
<b>Saturday, October 14:</b>	Greek School, 10 a.m.;
<b>Sunday, October 15:</b>	<b>STEWARDSHIP SUNDAY &amp; Meet the Ministries Luncheon, 12:15 p.m.</b>

## **GOYA WALK FOR MISSIONS**

GOYA is asking for your support in helping others in need. On Sunday October 8<sup>th</sup> after church, Pam Bertos has graciously agreed to lead the GOYA on *A Walk for Missions* through Schenley Park. The GOYAns will be raising money through your sponsorship donations to help very poor children and adults in Guatemala. This is the mission work Father John Chakos and others have devoted so much of their lives to.



The money donated will be used to help the medical, dental and spiritual needs of these dear people by: supporting a fully functioning Medical and Dental Clinic - recruiting and training local priests -supporting Church building projects - and very importantly, providing Medical Education Scholarships while teaching the faith to over 400 catechists.

You can help prior to the walk by writing your tax-deductible check to the "ORTHODOX CLERGY BROTHERHOOD" with Guatemala Mission Work in the memo section. A special table will be set up today by the GOYAns during the coffee hour to receive contributions. GOYA will also pass a special tray next Sunday, October 8<sup>th</sup>. It's good to know that 100% of the Money raised will go directly to help these people in great need. As always GOYA thanks you for your support which makes all we do possible. If you would like more information please call Demetri Strauch or Diane Strauch at 724 733-1298.

**Attention:** College/Graduate Students and Young Adults: **If you would like to participate in the Walk for Missions on October 8<sup>th</sup>** to benefit the medical, dental and spiritual needs of Guatemalan people in great need, please see Nick Strauch to sign up at the college tables during the coffee hour. This is part of the Orthodox Clergy Brotherhood sponsored work. To see more go to <https://www.youtube.com/watch?v=4Qg26Yy2ql>.

**OCTOBER 8, 2017–Third Sunday of Luke**

Our Righteous Mother Pelagia and Pelagia the Virgin; Righteous Philip, Bishop of Gortyna

Tone 1

Orthros Gospel 7

**SPECIAL HYMNS OF THE DAY (SMALL ENTRANCE):**

*First to be chanted as the priest exits the Altar at the Small Entrance is the Resurrection Apolytikion in Tone 1 (See p. 170 in the Divine Liturgy books.)*

*Then, the usual **Eisodikon (Entrance Hymn)** in Tone 2 is chanted:*

Δεῦτε προσκυνήσωμεν καὶ προσπέσωμεν Χριστῷ. Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἀναστὰς ἐκ νεκρῶν,  
ψάλλοντάς σοι· Ἀλληλοῦῖα.

“Come let us worship and fall down before Christ. Save us O Son of God, who arose from the dead.  
We sing to you, Alleluia.”

*After this, the Resurrection Apolytikion is repeated. Then we hear the hymn for the Righteous Pelagia:*  
Ἐν σοὶ Μῆτερ ἀκριβῶς διεσώθη τὸ κατ' εἰκόνα· λαβοῦσα γὰρ τὸν σταυρόν, ἠκολούθησας τῷ Χριστῷ,  
καὶ πράττουσα ἐδίδασκες ὑπερορᾶν μὲν σαρκὸς παρέρχεται γάρ, ἐπιμελεῖσθαι δὲ ψυχῆς, πράγματος  
ἀθανάτου· διὸ καὶ μετὰ Ἀγγέλων συναγάλλεται Ὅσια Πελαγία, τὸ πνεῦμά σου.

In you, O Mother, is preserved undistorted what was made in the image of God; for taking up the cross,  
you followed Christ and by example taught, that we should overlook the flesh, since it passes away,  
And instead look after the soul, since it is immortal. And therefore, O devout Pelagia,  
your spirit rejoices with the angels.

*After that, the Apolytikion for Patron saint of our church is chanted:*

Κανόνα πίστεως καὶ εἰκόνα πραότητος, ἐγκρατείας Διδάσκαλον, ἀνέδειξέ σε τῇ ποιμνῇ σου, ἡ τῶν πραγμάτων  
ἀλήθεια· διὰ τοῦτο ἐκτήσω τῇ ταπεινώσει τὰ ὑψηλά, τῇ πτωχείᾳ τὰ πλούσια, Πάτερ Ἱεράρχα Νικόλαε·  
πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

The truth of things have revealed you to your flock as a rule of faith, an icon of meekness,  
and a teacher of temperance; for this cause you have achieved the heights by humility, riches by poverty.  
O Father and Hierarch Nicholas, intercede with Christ God that our souls be saved.

*Finally, we hear the Kontakion in Tone 4 of the Theotokos:*

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία πρὸς τὸν Ποιητὴν ἀμετάθετε. Μὴ παρίδης ἀμαρτωλῶν  
δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθή, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι· Τάχυνον  
εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἱκεσίαν, ἡ προστατεύουσα ἀεὶ, Θεοτόκε, τῶν τιμώντων σε.

A protection of Christians unshamable, Intercessor to our Holy Maker, unwavering,  
Please reject not The prayerful cries of those who are in sin. Instead, come to us, for you are good;  
Your loving help bring unto us, Who are crying in faith to you: Hasten to intercede  
And speed now to supplicate, As a protection for all time, Theotokos, for those who honor you.

**SCRIPTURE READINGS:**

**Epistle:** 2 Corinthians 9: 6-11 (p. 93)

**Gospel:** Luke 7: 11-16 (p. 97)

*After the Gospel reading, please return to page 12 of the Divine Liturgy Book for the remainder of the Service.*

**SIXTY CLUB NEWS:** Thanks for a fun, positive meeting last week. Look for announcements by the end of October. In the meantime, don't forget to reserve your ticket for the **Holiday Pops**, Saturday matinee December 9 at Heinz Hall. The cost is \$40.00 for the back rows on the main floor (no steps). **Payment is due October 31.** Contact Virginia Fekaris (412-687-4804) or Gus Mastros (412-681-2140).

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**LEARNING ABOUT BREAST CANCER** Join the *Daughters of Penelope* and the *St. Nicholas Philoptochos Society* as they present a lecture given by Dr. Gordon Abrams, Radiologist at Magee & U.P.M.C. The lecture will be given on Tuesday, October 17<sup>th</sup>, 7 p.m. at St. Nicholas Greek Orthodox Cathedral. Light Refreshments will be served after the lecture. Please R.S.V.P. to JLM563@aol.com by October 10<sup>th</sup>. **ALSO**, there will be a "THINK PINK" bake sale hosted by the Daughters of Penelope on **October 29<sup>th</sup>** here at St. Nicholas Cathedral, following liturgy.

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**THE FOOD BANK SUPPORTS** several of our parishioners and continues to need your support. You can donate to the "St. Nicholas Philoptochos Food Bank" or through United Way by designating the St. Nicholas Food Bank (#3288) through your employers United Way contribution. *Questions? Call Elaine 412-731-4334 or Denise 412-508-1326.*

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**THE ST. NICHOLAS GARDEN CLUB** will be meeting **Sunday, October 22<sup>nd</sup>, after Coffee Hour** in an upstairs classroom, please do your best to attend! 2017 dues can now be paid to Elaine Andrianos or Lillie Panagulias. **Your \$10 dues** help maintain the Forbes Avenue parklet, the trees, shrubs and annuals. **Thank you in advance!**

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**NOTICE FOR ALL ORGANIZATIONS OF ST. NICHOLAS:**

To organize and prioritize the daily needs of St. Nicholas Cathedral, our maintenance staff has adopted a task-list system, prepared with their input, which allots time for routine, seasonal and unexpected needs of our facilities. Employees are required to submit a check list of tasks accomplished daily to the Office Manager (OM) who, in turn, confirms the work has been completed. **Any additional task requested of the maintenance staff must be scheduled through the OM.**

**EXAMPLES INCLUDE:** running errands, emptying deliveries, setting up tables and chairs, taking something to storage, etc. The OM is responsible for all scheduling of help, including extra personnel needed for church functions. We have established a proven labor pool that must be respected & used efficiently.

**All organizations are asked to adhere to this policy.**

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2017 Stewardship Pledge Cards are in the Narthex  
(Just ask a member of Parish Council)

If you have already submitted your 2017 Stewardship Commitment, **THANK YOU!** If not, please take the time to make your financial Stewardship Commitment today and complete the talent portion of the card to enable **OUR** Community to grow and carry on the mission of our faith. Re-dedicate yourself to God by participating in the Divine Liturgy each Sunday and offer your **TIME, Talent and treasure.**

**HELP US REACH/ EXCEED OUR GOAL!!**

*"As the Father Has Sent Me,  
So I Send You"* John 20:21

<u>2017</u>	<u>STEWARDSHIP</u>
Total Stewards	206 (GOAL 300)
Total Pledged	\$136,345.00 (GOAL \$175,000.00)
Avg. Pledge	\$661.87



**From the Church School Desk:**  
***"You Are the Voice of Christ in a Changing World."***



**"What I did not learn in Sunday School"**  
**Adult Education Class!**

Starting **TODAY**, Deacon Robert Lykos will have special classes after the Divine Liturgy (***in the sanctuary***) on various topics for the adults of our beloved parish.

Sunday, November 5, 2017, will be **Godparent/Special Friend Sunday**.

Godparents/Special Friends will worship during the Divine Liturgy, receive Holy Communion together and attend Church School to see what their Godchild/Special Friend learns there (and make cards to send to children at Children's Hospital for Make a Difference Day). Afterwards many will attend Coffee Hour sponsored by Philoptochos. It will be the start of a wonderful day together!

Please volunteer **your** time, talent and treasure to help **our** children.

Yours in Christ, *Miss Michelle*

**A MESSAGE FROM THE  
GREEK ORTHODOX  
ARCHDIOCESE OF  
AMERICA**

8-10 East 79th St., New York, NY 10075-0106

Tel: (212) 570-3530 Fax: (212) 774-0237

website: [www.goarch.org](http://www.goarch.org) Email: [communications@goarch.org](mailto:communications@goarch.org)

Contact: **PRESS OFFICE**

Stavros Papagermanos

[pressoffice@goarch.org](mailto:pressoffice@goarch.org)

October 2, 2017

**PRAYERS FOR THE VICTIMS IN LAS VEGAS**

Upon hearing of the recent unspeakable mass shooting in Las Vegas and the senseless loss of life of innocent people, His Eminence Archbishop Demetrios of America, on behalf of all the clergy and faithful of the Greek Orthodox Archdiocese of America expresses with deep sorrow and great pain condolences to the families and friends of the victims.

We, as Orthodox Christians, stand by all our fellow human beings and our fellow citizens as we are called to pray fervently and unceasingly to the God of great love and mercy, for solace and peace to the hearts of those who suffer and repose for those who unjustly and prematurely perished.

***Keeping up with Philoptochos***

- ◆ **Update to Parish Directory** – Letters have gone out regarding the update to the Parish Directory. Please return the forms with your updated information as soon as possible!
- ◆ **Sponsors Needed for Parish Directory** – In order to offset the cost of printing the new directory, Philoptochos is offering parishioners the opportunity to sponsor, purchase or purchase an ad in the directory. If you are interested, please contact Nikki Lykos at 412-897-8208 or Michelle Kotsagrelas at 412-680-1416.
- ◆ **Spanakopita Prep** – Spanakopita logs are Philoptochos' biggest fundraiser and many hands are needed over the course of several days to get the job done!!! We will be working from **October 19<sup>th</sup> – 25<sup>th</sup>** to complete this large task. Volunteers are needed both during the day and in the evening. Please mark your calendars and keep an eye out for more detailed information on the cooking schedule. Contact Marcie McGuire at 412-719-0346 or Elaine Andrianos at 412-731-4334 with any questions.
- ◆ **Food Bank** – The Food Bank supports several of our parishioners & continues to need your support! You can donate by making a check payable to "St. Nicholas Philoptochos Food Bank" or through United Way by designating St. Nicholas Food Bank (#3288) through your employers United Way contribution. Call Elaine Andrianos (412-731-4334) or Denise Daugherty (412-508-1326) w/questions!



**St. Nicholas Greek Orthodox Cathedral**  
*Godparent Sunday & Church School Open House*  
**Sunday, November 5, 2017**

Join your Godchild for  
Church Worship,  
Holy Communion  
& Church School!

**GREEK LANGUAGE**  
**CLASSES**

**For Children:**

Saturdays from 10 a.m. -12:30 p.m.

**For Adults:**

Starts on Wednesday, October 4<sup>th</sup>

Beginners meet at 6:30 p.m.,

Advanced at 8 p.m.

***To enroll or if you have any  
questions call Maria Stamoolis  
at 412.963.7283***

**COOKING ALERT!!**



The price is right! Because of the great seasonal  
price we can get for eggplant at this time of the year,  
we plan to make **MOUSSAKA** on:

**Monday, October 30<sup>th</sup>**

**Tuesday, October 31<sup>st</sup>**

**AND Wednesday, November 1<sup>st</sup>!**

***Stay tuned for details!***

# JOIN US ON STEWARDSHIP SUNDAY

## FOR A PARISH MINISTRIES OPEN HOUSE & LUNCHEON

SUNDAY, OCTOBER 15, 2017

FOLLOWING THE DIVINE LITURGY  
IN THE CATHEDRAL ROOM (LARGE HALL)

*FREE WILL OFFERING TO BENEFIT FOCUS' TRAUMA  
INFORMED COMMUNITY DEVELOPMENT*

## *The Greek Grille*

St. Nicholas Greek Orthodox Cathedral

*Come, enjoy our outdoor party! OPA!*

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Delicious gyros, chicken & pork souvlaki,  
salad, loukoumades & more!

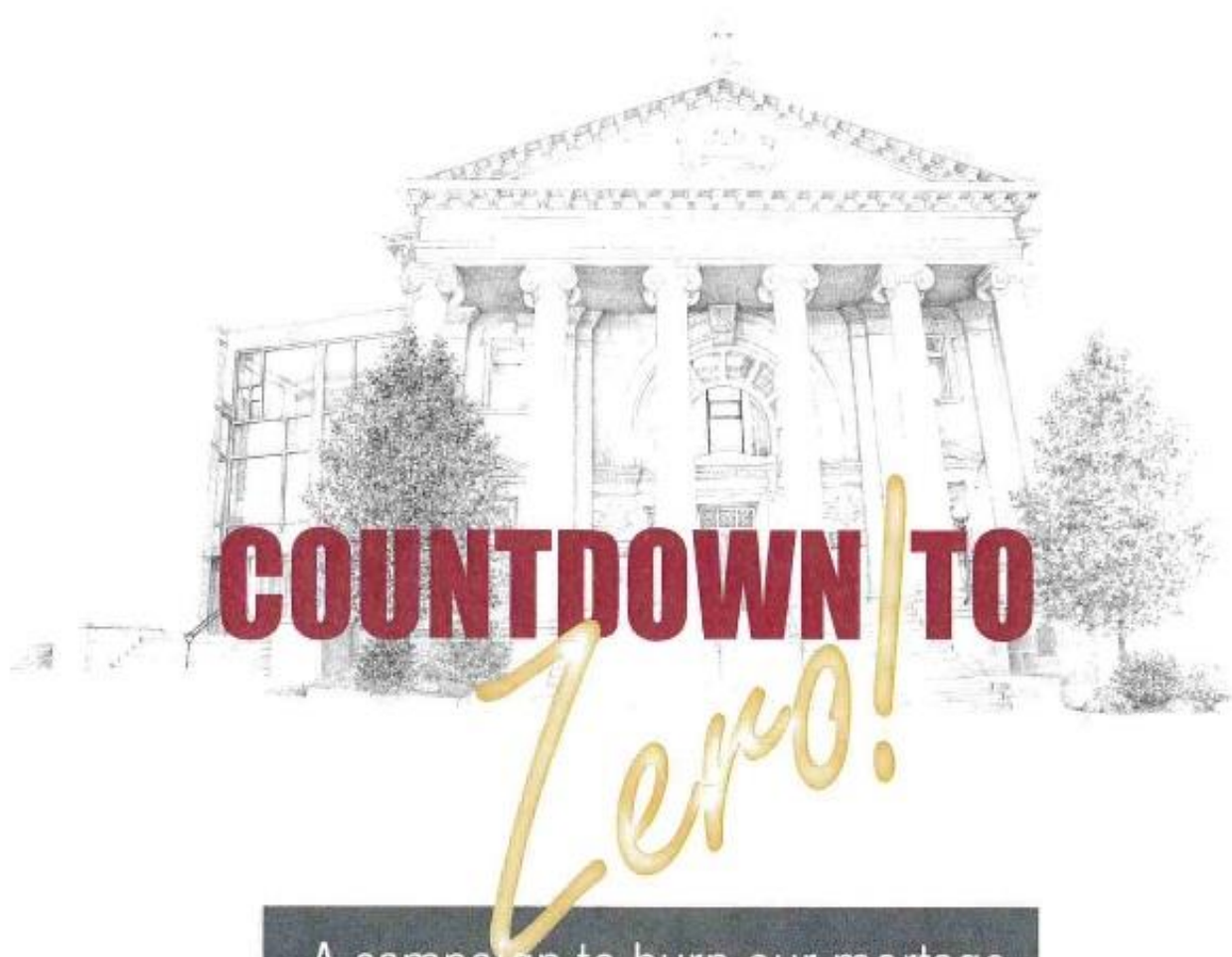
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*JOIN US November 13-17, 2017*

*Monday-Friday 11 a.m. - 8 p.m.*



***(NOTE THE DATE CHANGE!)***



A campaign to burn our mortgage  
by December, 2018

**Show your support by donating  
and *TOGETHER*  
we can reach our goal!**

*St. Nicholas Cathedral thanks you for your support.*

The Greek Nationality Room Committee  
of the University of Pittsburgh Nationality Rooms Program &  
The American-Hellenic Foundation of Western PA present

## *50 Years Maria Callas: A Musical Tribute*

Featuring: Soprano Ms. Alexandra Loutsion



**Friday, November 3rd, 2017—6:30 p.m.**

*The Recital Auditorium*

*7th Floor Alumni Hall, University of Pittsburgh*

*4227 Fifth Ave, Pittsburgh, PA 15260*

*~A refreshing apéritif reception together with a photo,  
video & art tribute to Callas will precede the Main Program~*

To buy tickets, or to R.S.V.P., contact by email [info@pahellenicfoundation.org](mailto:info@pahellenicfoundation.org)  
or call 412. 624. 6150

Adults: \$50, Students (with valid ID): \$20 (tickets also available at the event)

***All proceeds and donations will support University Student  
Research Scholarships for study at universities in Greece and Cyprus.***

**A VOYAGE THROUGH THE LIFE AND THE ART OF THE GREAT DIVA  
THROUGH PRESENTATION AND MASTERFUL PERFORMANCES  
OF SONGS AND SOME OF CALLAS' ICONIC ARIAS IN THEIR FULL FORM**

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*Fifty years after her passing, Maria Callas remains a towering and historic Diva of opera.*

*With her vivid interpretations, Callas succeeded brilliantly at living for her art.*

*Soprano Aprile Millo once said, "Listening to Callas is like reading Shakespeare:*

*You're always going to be knocked senseless by some incredible insight into humanity."*

# ST. GEORGE'S LAMB DINNER

ST. GEORGE CHURCH  
724-335-9988  
1150 LEISHMAN AVE  
NEW KENSINGTON, PA 15068  
WWW.SAINTGEORGEORTHODOX.ORG

EAT IN OR  
TAKE OUT

Bake Sale

**SATURDAY, OCTOBER 14, 2017**

**12 - 5 p.m.**

## COME AND TRY OUR BEST LAMB DINNER:

\$17 Lamb Shish Kabob Dinner includes: 1 skewer of lamb, rice & green beans, salad, Pita bread, dessert & beverage. Add an additional lamb skewer to your dinner for \$8.

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Order deadline - October 9<sup>th</sup> - Call 724-335-9988 or e-mail [saintgeorgeorthodox@gmail.com](mailto:saintgeorgeorthodox@gmail.com)

Name: \_\_\_\_\_ Please choose one: Eat-In ☐ Take Out ☐

Phone: \_\_\_\_\_ Lamb Dinners @ \$17 each \$ \_\_\_\_\_

\_\_\_\_\_ Lamb Dinners w/ additional skewer @ \$25 each \$ \_\_\_\_\_

*Please make checks payable to "FELLOWSHIP"*

TOTAL DUE \$ \_\_\_\_\_

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### ECCLESIASTICAL MUSIC MINISTRY AT THE CATHEDRAL

*You are cordially invited!*

*Come and learn Byzantine chant from a world-class instructor, or join our choir and learn to sing the unique and beautiful arrangements composed by our founding choir director!*

*Our Cathedral is graced by two music ministries grounded in tradition that we hope you will consider participating in:*



The first is rooted at the Analogion (the Chanter Bookstand). Our Analogion Ministry, blessed by the volunteer service of Dr. Nick Giannoukakis, invites and welcomes anyone with some musical ability, especially the younger generation, to join and learn the beautiful and 1200 year-old tradition of Byzantine hymnology and chant. Those who faithfully adhere to the ministry will not only have an opportunity to grow musically, but more importantly, will solidify their understanding of Greek, gain an appreciation for the structure of the services, and a better insight into our Orthodox faith and its theology through a comprehension of the hymns. With the exception of the summer months (June-August), the Ministry will focus on the Sunday Orthros and the occasional Vespers, in addition to the evening services of Lent and Holy Week. Between June and early September, the Ministry will also focus on the Holy and Divine Liturgy.

Dr. Giannoukakis, who was distinguished and tonsured as Protosaltis by Metropolitan Maximos in 1998, and noted to be among the "who is who" of Byzantine Chanters in a historical compendium published in Greece in 1994, is also the only chanter in our Metropolis to hold a certificate and diploma in Byzantine Music from a Greek Music Conservatory. Dr. Giannoukakis, personally-trained by renowned and respected Greek chanters (Constantin Lagouros, Georgios Syrkas, Emmanuel Hatzimarkos), offers music to the highest possible standards of the Great Church of Christ (the Ecumenical Patriarchate) and has successfully trained young and old individuals for more than 25 years. To learn more, and to consider participating, contact Dr. Giannoukakis at [ngni@andrew.cmu.edu](mailto:ngni@andrew.cmu.edu) or at [ngianni@pitt.edu](mailto:ngianni@pitt.edu). All educational materials are complimentary.

The second is rooted in the rich polyphonic innovations of the late Rudolph Agraphtotis who in the early 1900s, first composed the lyrical Liturgy conducted in our church to this day. Some of the choir members are among those who came together to constitute the first choir directed by Mr. Agraphtotis. Today, the choir is in the very capable hands of Mr. Steve Andrews who directs it as another of our Cathedral's volunteers. The choir can be heard during the Divine Liturgy for most of the year's Sunday services as well as at the services for Holy Thursday, Friday, and Saturday.

The Choir invites and welcomes anyone with some musical ability, especially the younger generation, to join. To learn more, and to consider participating, contact Mr. Steve Andrews at [beyondfromwithin@comcast.net](mailto:beyondfromwithin@comcast.net). Why not join both ministries? As it is written: "He who delights in the Lord, and walks in the Light will not stumble" (From the Doxastikon of the Orthros of the 5th Sunday of Lent).