

SEPTEMBER 24, 2017–First Sunday of Luke

Protomartyr and Equal-to-the-Apostles Thekla; The Commemoration of the Miracle of the Theotokos Myrtidiotissis in Kythira; Silouan of the Holy Mountain; Juvenaly & Peter the Aleut, New martyrs of Alaska; Stephanos the Martyr; Theotokos of Palianis



WELCOME TO ST. NICHOLAS GREEK ORTHODOX CATHEDRAL

VISIT www.stnickspgh.org TODAY for news and updates about our parish!

CLERGY: Rev. Fr. Christopher Bender and Rev. Dn. Robert Lykos

Father's Cell & Email: 724-630-3483; frchbender@verizon.net

PROTOPSALTIS: Dr. Nick Giannoukakis CHANTER & CHOIR DIRECTOR: Steve Andrews

ORGANIST: Igor Kraevsky ALTAR BOY CAPTAINS: Andreas Paljug & Jacob Kefalos

Questions about our Parish? Email Debbie Sandherr, Office Mgr. at church@stnickspgh.org

SERVICE SCHEDULE: Winter schedule (Current) Sept.-June, 8:30 a.m. Orthros & 10 a.m. Divine Liturgy; summer schedule July & August 8 a.m. Orthros & 9:30 a.m. Divine Liturgy

TO OUR VISITORS & GUESTS: We welcome you to worship today, whether you are an Orthodox Christian or this is your first visit to an Orthodox Church, we are so pleased to have you with us! Although Holy Communion and other Sacraments are offered only to baptized and chrismated (confirmed) Orthodox Christians in good standing with the church, all are invited to receive the Antidoron (blessed bread) from the priest at the conclusion of the Divine Liturgy. The Antidoron is not sacramental, but is reminiscent of the agape feast that followed worship in the ancient Christian Church. After the Divine Liturgy this morning, please join us in the Church hall for fellowship and refreshments. **Please sign our visitor's book at the back of the church before you leave today, and leave an email address if you want to receive news & announcements from St. Nicholas.**

EPISTLE: 2 Timothy 3: 10-15 (see below)

GOSPEL: Luke 5: 1-11 (pp. 94-95)

HYMNS: See pg. 2

THIS WEEK AT ST. NICHOLAS:

TODAY:

Tuesday, September 26:

Thursday, September 28:

Saturday, September 30:

Sunday, October 1:

TIME CHANGE ALERT – Divine Liturgy will be held at 10:30 a.m., NOT 10 A.M.

St. John the Theologian Orthros 9 a.m., Divine Liturgy, 10 a.m.

Father Chris away until 'til 9/30- Metropolis Clergy-Laity Assembly, Columbus, OH

Greek School, 10 a.m.

Orthros 8:30 a.m., Divine Liturgy 10 a.m.

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FR. CHRISTOPHER will be away 9/28-9/30, Thursday-Saturday.

In the event of a pastoral emergency, contact Dn. Robert Lykos, 412-736-2762.

Fr. Polycarp Rameas is available, in the event that a priest is required: 412-860-6739.

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SIXTY CLUB NEWS: WELCOME BACK MEETING & SLIDER LUNCH! October 1, Meet in the Crystal Room after Liturgy. Let's get together and make plans for the 2017-2018 year. We'll have reports from the Lenzner Travel Show and theater plans. Please let Virginia or Fran know if you will be there. **NOTE:** We have reserved 12 tickets for the

Holiday Pops, Saturday matinee, Dec. 9, at Heinz Hall. The seats are in the last few rows on the main floor.

Tickets are \$40. Money will be due October 15th; please reserve early in case we need more tickets. Contact Virginia, 412-687-4804 or Gus Mastros, 412-681-2140. Have you paid your 2017 dues? Not sure...? Ask Virginia Fekaris.

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LEARNING ABOUT BREAST CANCER Join the *Daughters of Penelope and the St. Nicholas Philoptochos Society* as they present a lecture given by Dr. Gordon Abrams, Radiologist at Magee & U.P.M.C. The lecture

will be given on Tuesday, October 17th, 7 p.m. at St. Nicholas Greek Orthodox Cathedral. Light

Refreshments will be served after the lecture. Please *R.S.V.P. to JLM563@aol.com by October 10th.*

ALSO, there will be a "THINK PINK" bake sale hosted by the Daughters of Penelope on **October 29th** here at St. Nicholas Cathedral, following liturgy.

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THE FOOD BANK SUPPORTS several of our parishioners and continues to need your support. You can donate to the "St. Nicholas Philoptochos Food Bank" or through United Way by designating the St. Nicholas Food Bank (#3288) through your employers United Way contribution. *Questions? Call Elaine 412-731-4334 or Denise 412-508-1326.*

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ST. NICHOLAS GARDEN CLUB 2017 dues can now be paid to Elaine Andrianos or Lillie Panagoulas.

Your \$10 dues help maintain the Forbes Avenue parklet, the trees, shrubs and annuals. **Thank you in advance!**



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Tone 7

Orthros Gospel 5

SPECIAL HYMNS OF THE DAY (SMALL ENTRANCE):

First to be chanted as the priest exits the Altar at the Small Entrance is the Resurrection Apolytikion in Tone 7
(See p. 172 in the Divine Liturgy books.)

Then, the usual Eisodikon (Entrance Hymn) in Tone 2 is chanted:

Δεῦτε προσκυνήσωμεν καὶ προσπέσωμεν Χριστῷ. Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἀναστὰς ἐκ νεκρῶν (ἢ ὁ ἐν Ἀγίοις θαυμαστός),
ψάλλοντάς σοι Ἀλληλοῦϊα.

“Come let us worship and fall down before Christ. Save us O Son of God, who arose from the dead. We sing to you, Alleluia.”

After this, the Resurrection Apolytikion is repeated. Then we hear the hymn for The Theotokos:

Λαοὶ νῦν κροτήσωμεν, δεῦτε τὰς χεῖρας πιστῶς, καὶ ᾄσωμεν ᾠσμασι, τῇ Θεομήτορι, ἐν πόθῳ κραυγάζοντες· Χαῖρε ἡ προστασία πάντων
τῶν δεομένων· χαῖρε ἡ σωτηρία τῶν τιμώντων σε πόθῳ· χαῖρε ἡ τῷ παραλύτῳ τὴν ἰασιν βραβεύσασα.

O come, all you people, and let us in faith clap our hands and sing sacred songs to her who is the Mother of God, and longingly cry aloud:
"Rejoice, O protection of all those who entreat you; the salvation of those who honor you with longing; rejoice, O Lady who restored the
paralyzed man to health."

We also hear the Apolytikion for the Greatmartyr Thekla (Tone 3):

Θείου κήρυκος διδασκαλίας, πόθῳ κτίστου σου ἀναφλεχθεῖσα, τῶν γενητῶν ὡς ρεόντων ἠλόγησας· καὶ σεαυτὴν ἱερὸν καλλιέργημα,
τῷ Θεῷ δοῦσα ποινῶν κατετόλμησας. Θέκλα ἔνδοξε, Παύλου τοῦ θείου συνέκδημε, τὸν σὸν Νυμφίον Χριστὸν ἰκέτευε, δωρήσασθαι
ἡμῖν τὸ μέγα ἔλεος.

All aflame with love for your Creator, from the teachings of the sacred preacher, you disregarded as fleeting all things mundane.
And being bold in the face of the penalties, you gave yourself as a beautiful gift to God. Thecla, glorious companion of the Apostle
Paul, we pray you entreat your Bridegroom, Christ, and ask Him to grant us His great mercy.

After that, the Apolytikion for the Patron Saint of our church is chanted:

Κανόνα πίστεως καὶ εἰκόνα πραότητος, ἐγκρατείας Διδάσκαλον, ἀνέδειξέ σε τῇ ποιμένι σου, ἡ τῶν πραγμάτων ἀλήθεια· διὰ τοῦτο
ἐκτίσω τῇ ταπεινώσει τὰ ὑψηλά, τῇ πτωχείᾳ τὰ πλούσια, Πάτερ Ἱεράρχα Νικόλαε· πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς
ἡμῶν.

The truth of things have revealed you to your flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this
cause you have achieved the heights by humility, riches by poverty. O Father and Hierarch Nicholas, intercede with Christ God
that our souls be saved.

Finally, we hear the Kontakion in Tone 4 of the Theotokos:

Προστασία τῶν Χριστιανῶν ἀκαταίσχυnte, μεσιτεία πρὸς τὸν Ποιητὴν ἀμετάθετε. Μὴ παρίδης ἀμαρτωλῶν δεήσεων φωνάς, ἀλλὰ
πρόφθασον, ὡς ἀγαθὴ, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγάζοντων σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἰκεσίαν, ἡ
προστατεύουσα ἀεὶ, Θεοτόκε, τῶν τιμώντων σε.

A protection of Christians unshamable, Intercessor to our Holy Maker, unwavering, Please reject not The prayerful cries of those
who are in sin. Instead, come to us, for you are good; Your loving help bring unto us, Who are crying in faith to you: Hasten to
intercede And speed now to supplicate, As a protection for all time, Theotokos, for those who honor you.

EPISTLE: 2 Timothy 3: 10-15 (see below)

GOSPEL: Luke 5: 1-11 (pp. 94-95)

After the Gospel reading, please return to page 12 of the Divine Liturgy Book for the remainder of the Service.

TIMOTHY, my son, you have observed my teaching, my conduct, my aim in life, my faith, my patience, my love, my
steadfastness, my persecutions, my sufferings, what befell me at Antioch, at Iconion, and at Lystra, what persecutions I endured;
yet from them all the Lord rescued me. Indeed all who desire to live a godly life in Christ Jesus will be persecuted, while evil men
and impostors will go on from bad to worse, deceivers and deceived. But as for you, continue in what you have learned and have
firmly believed, knowing from whom you learned it and how from childhood you have been acquainted with the sacred writings
which are able to instruct you for salvation through faith in Christ Jesus.

From Mysticism to Jubilation: A Voyage through Orthodox Christian Sacred Chant

TODAY at 4 p.m.

St. Bernard Roman Catholic Church, 311 Washington Rd, Pgh, PA 15216



A spiritual meander through an enchanting early fall field of Orthodox Christian musical and hymnologic treasures that span 1500 years. From the musical prayers of the early Christian communities, through the impressive evolution of Byzantine chant and its influence on the ecclesiastic musical worship of the Balkans, Eastern Europe, the Ukraine and Russia, to very recent translated hymnology in modern English. The region's two key Orthodox ecclesiastic choirs, the Pan-Orthodox Choir of Pittsburgh, and the Byzantine Choir of the Greek Orthodox Metropolis of Pittsburgh, have joined together to express and present these traditions faithfully to their origins in this unique and inspiring musical journey.

*** Admission free; free-will offerings most gratefully accepted. All donations will support local ministries.

For more information: asbmh@pitt.edu

PLEASE!!
NOTE

NOTICE FOR ALL ORGANIZATIONS OF ST. NICHOLAS: To organize and prioritize the daily needs of St. Nicholas Cathedral, our maintenance staff has adopted a task-list system, prepared with their input, which allots time for routine, seasonal and unexpected needs of our facilities. Employees are required to submit a check list of tasks accomplished daily to the Office Manager (OM) who, in turn, confirms the work has been completed. **Any additional task requested of the maintenance staff must be scheduled through the OM.** **EXAMPLES INCLUDE:** running errands, emptying deliveries, setting up tables and chairs, taking something to storage, etc. The OM is responsible for all scheduling of help, including extra personnel needed for church functions. **All organizations are asked to adhere to this policy.** We have established a proven labor pool that must be respected & used efficiently.

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2017 Stewardship Pledge Cards are in the Narthex

(Just ask a member of Parish Council)

If you have already submitted your 2017 Stewardship Commitment, **THANK YOU!** If not, please take the time to make your financial Stewardship Commitment today and complete the talent portion of the card to enable **OUR** Community to grow and carry on the mission of our faith. Re-dedicate yourself to God by participating in the Divine Liturgy each Sunday and offer your **TIME, Talent and treasure.**

HELP US REACH/ EXCEED OUR GOAL!!

*"As the Father Has Sent Me,
So I Send You"* John 20:21

2017	STEWARDSHIP
Total Stewards	205 (GOAL 300)
Total Pledged	\$135,345.00 (GOAL \$175,000.00)
Avg. Pledge	\$660.22



From the Church School Desk:
"You Are the Voice of Christ in a Changing World."



Sunday, September 17, 2017, the bells started to ring again
for the beginning of Church school with a special
Agiasmo (Blessing of the Water) Service!

New this year: "What I did not learn in Sunday school" Adult Education Class!

Starting in October, Deacon Robert Lykos will have special classes after the
Divine Liturgy on various topics for the adults of our beloved parish.

Sunday, November 5, 2017, will be **Godparent/Special Friend Sunday**. Godparents/Special Friends will worship during the Divine Liturgy, receive Holy Communion together and attend Church School to see what their Godchild/Special Friend learns there (and make cards to send to children at Children's Hospital for Make a Difference Day). Afterwards many will attend Coffee Hour sponsored by Philoptochos. It will be the start of a wonderful day together!

I appreciate the support from all of you and thanks for sharing your children with us every Sunday!

Yours in Christ, Miss Michelle

St. Nicholas Sixty Club

A TRIP DOWN MEMORY LANE

On June 19, 1969, a group of parishioners sixty years old or older responded to a letter from Fr. George Scoulas to attend a luncheon sponsored by the St. Nicholas Philoptochos.

"The purpose of this unique gathering was to initiate a program of activities for this age group to share companionship in a church-sponsored organization." **Thus was born the St. Nicholas Sixty Club** as reported in a brief history by the late Jerry Vondas, 37 years later. The first committee consisted of Peter Zikos, Despina Branting & Helen Harris; the latter two became the club's first advisors.

According to Mr. Vondas' account the first get together was attended by 58 people including His Grace Bishop Gerasimos, and by 2006 the Sixty Club had an enrollment of 240, including members from our sister churches. Their first travel activity was an overnight trip to Washington, D.C.

Besides the many varieties of luncheons and dinners, there have been dozens of day trips and multi-day outings from New England to Savannah, from NYC to Mackinaw Island.

Recently our most popular activity has been attending numerous theater productions, often followed by dinner at local restaurants. We have had "Slider Lunches", a Zentangle demonstration, a very successful "Mystery and Masterpieces Party", a very informative program on "End of Life Decisions," and a delightfully entertaining Winter Social Luncheon. We expect to reschedule the CPR demonstration shortly. And the Planning Committee is always open to suggestions. **Check Sunday bulletins for our next meeting.**

We encourage our parishioners and friends of all ages to participate in our activities. Look for our exhibit on STEWARDSHIP SUNDAY and browse through our pictures—see how many faces from the past you can identify!

Keeping up with Philoptochos

- ◆ **Update to Parish Directory** – Letters have gone out regarding the update to the Parish Directory. Please return the forms with your updated information as soon as possible to ensure your information is accurately updated in the new directory!
- ◆ **Sponsors Needed for Parish Directory** – In order to offset the cost of printing the new directory, Philoptochos is offering parishioners the opportunity to sponsor, purchase or renew an ad in the directory. If you are interested in sponsoring an ad in the directory, please contact Nikki Lykos (412-897-8208) or Michelle Kotsagrellos (412-680-1416) for more information.
- ◆ **Spanakopita Prep** – Spanakopita logs are Philoptochos' biggest fundraiser and many hands are needed over the course of several days to get the job done!!! We will be working from **October 19th – 25th** to complete this large task. Volunteers are needed both during the day and in the evening. Please mark your calendars and keep an eye out for more detailed information on the cooking schedule. Contact Marcie McGuire (412-719-0346) or Elaine Andrianos (412-731-4334) with any questions.
- ◆ **Food Bank** – The Food Bank supports several of our parishioners and continues to need your support! You can donate by making a check payable to the "St. Nicholas Philoptochos Food Bank" or through United Way by designating the St. Nicholas Food Bank (#3288) through your employers United Way contribution. Questions: contact Elaine Andrianos (412-731-4334) or Denise Daugherty (412-508-1326).



GOYA WALK FOR MISSIONS

Goya is asking for your support in helping others in need. On Sunday October 8th after church, Pam Bertos has graciously agreed to lead the Goya on A Walk for Missions through Schenley Park. The Goyan's will be raising money through your sponsorship donations to help very poor children and adults in Guatemala. This is the mission work Father John Chakos and others who have devoted so much of their lives to do.

The money donated will be used to help the medical, dental and spiritual needs of these dear people by: supporting a fully functioning Medical and Dental Clinic - recruiting and training local priests – supporting Church building projects - and very importantly, providing Medical Education Scholarships while teaching the faith to over 400 catechists.

You can help by writing your tax-deductible check to the "ORTHODOX CLERGY BROTHERHOOD" and write Guatemala Mission Work in the memo section. Please give your donation to any Goyan during the coffee hour today or by October 8th. It's good to know that 100% of the Money raised will go directly to help these people in great need.

As always Goya thanks you for your support which makes all we do possible.

If you would like more information please call Demetri Strauch or Diane Strauch at 724 733-1298.

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Attention: College/Graduate Students and Young Adults: **If you would like to participate in the Walk for Missions on October 8th** to benefit the medical, dental and spiritual needs of Guatemalan people in great need, please see Nick Strauch to sign up at the college tables during the coffee hour. This is part of the Orthodox Clergy Brotherhood sponsored work. To see more go to <https://www.youtube.com/watch?v=4Qg26Yy2lqI>.

ST. GEORGE'S LAMB DINNER

ST. GEORGE CHURCH
724-335-9988
1150 LEISHMAN AVE
NEW KENSINGTON, PA 15068
WWW.SAINTGEORGEORTHODOX.ORG

**EAT IN OR
TAKE OUT**

Bake Sale

SATURDAY, OCTOBER 14, 2017

12 - 5 p.m.

COME AND TRY OUR BEST LAMB DINNER:

\$17 Lamb Shish Kabob Dinner includes: 1 skewer of lamb, rice & green beans, salad, Pita bread, dessert & beverage. Add an additional lamb skewer to your dinner for \$8.

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Order deadline - October 9th - Call 724-335-9988 or e-mail saintgeorgeorthodox@gmail.com

Name: _____ Please choose one: Eat-In ☐ Take Out ☐

Phone: _____ Lamb Dinners @ \$17 each \$ _____

_____ Lamb Dinners w/ additional skewer @ \$25 each \$ _____

Please make checks payable to "FELLOWSHIP"

TOTAL DUE \$ _____



A campaign to burn our mortgage
by December, 2018

**Show your support by donating
and *TOGETHER*
we can reach our goal!**

St. Nicholas Cathedral thanks you for your support.

Church school schedule 2017-2018

Sunday, November 5, 2017—Godparent/Special Friend Sunday

Sunday, November 23, 2017—No Classroom Attendance—Thanksgiving Break

Sunday, December 10, 2017—St. Nicholas Bazaar

Sunday, December 17, 2017—Christmas Pageant

Sunday, December 24, 2017—No Classroom Attendance—Christmas Break

Sunday, December 31, 2017—No Classroom Attendance—Christmas Break

Sunday, January 7, 2018—Church School Resumes & Vasilopita Cutting

Sunday, February 25, 2018—Participation in Procession—Sunday of Orthodoxy

Sunday, March 11, 2018—Parent Sunday

Saturday, March 31, 2018—Saturday of Lazarus—Communion Breakfast/Making of Palm Crosses

Sunday, April 1, 2018—Classroom Attendance—Palm Sunday

Sunday, April 8, 2018—No Classroom Attendance—Easter Sunday

Sunday, May 6, 2018—No Classroom Attendance—Food Festival

Sunday, May 20, 2018—Commencement

Registration Form—St. Nicholas Greek Orthodox Cathedral Church School

Parent's Names _____

Address _____

Phone Numbers: Home _____

Work _____

Cell _____

E-mail _____

Children	Grade	Birthday	Name day	Allergies
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_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

May we call you to volunteer for one of our projects?

Substitute Teacher _____

Oratorical Festival _____

St. Nicholas Bazaar _____

Communion Breakfast _____

Christmas Pageant _____

Easter egg Hunt _____

Snacks _____

Outreach Projects _____

Thanks for sharing your children with us every Sunday!

Greek Language Classes

For Children: Started last Saturday, meets on Saturdays from 10 a.m. -12:30 p.m.

For Adults: Will start on Wednesday, October 4,
with Beginners at 6:30 p.m. and Advanced at 8 p.m.

To enroll or if you have any questions call Maria Stamoolis at 412.963.7283

**JOIN US ON
STEWARDSHIP
SUNDAY**

**FOR A
PARISH MINISTRIES
OPEN HOUSE
&
LUNCHEON**

SUNDAY, OCTOBER 15, 2017

**FOLLOWING THE DIVINE LITURGY
IN THE CATHEDRAL ROOM (LARGE HALL)**

*FREE WILL OFFERING TO BENEFIT FOCUS' TRAUMA
INFORMED COMMUNITY DEVELOPMENT*