January 2018

Beloved Brothers and Sisters in Christ:

### Father's Message

We have come to the close of one year and the beginning of another. Happy New Year! January also happens to be the month in which we celebrate the great Feast of Theophany, when the Holy Trinity was first revealed, as Jesus was baptized. Just as the Baptism of the Lord united heaven (the Father's voice and the Holy Spirit in the form of a dove) and earth (the humanity of the Son), so also it united the Old Testament (represented by John the Baptist, the last of the prophets of the Old Covenant) with the New (in the person of the Christ). It was Jesus' first public appearance, and soon after, He would begin His public ministry. Through His immersion, the Sinless One also began the transformation of the world by sanctifying its waters for all time. Let us take this opportunity then, to explore the connection between baptism and newness of life. We will begin, however, at the End.

"Behold, I make all things new" (Revelation 659). With these words, the Bible tells us, God will usher in His Kingdom, inaugurate a new heaven and a new earth, and banish the reign of sin and death. But, we would be remiss to assume that they have no bearing on us here and now, because we have not yet arrived at the Second Coming. The Gospel promises newness of life already to us in this world, God's gift to us by grace. The necessary expression of this is our baptism and chrismation. As Jesus explained to Nicodemus, we must be "born again" (or born "from above"), "of water and the Spirit" (John 3:3, 5). This does not happen by our returning to our mother's womb (as Nicodemus mistakenly thought), but rather, by following our Lord's good example, and accepting to be baptized, "for the forgiveness of sins," as we say in the Creed, and then chrismated, to receive the "seal of the gift of the Holy Spirit." Through the baptismal font, we die to sin and death, and rise again to new life in Christ – life in the Spirit. We are united to our Savior – the Light of the World who illumines us – (symbolized by the baptismal candle held by our Godparent), and we are sanctified by the Holy Spirit – the "living water." We are "born again" at that very moment – whether or not we are granted a life-changing experience that makes us more concretely aware of this in adulthood.

To be sure, these sacraments presuppose that we have accepted what God has done for us in Christ through our own repentance and profession of faith. Since most of us were baptized as infants, someone else (our Godparent) said these words for us on our behalf. We must find it within ourselves as adults, however, to appropriate what was done for us when we were babies. We are called to become "children of the Resurrection," God's sons and daughters by grace, not just in name only, but also in truth.

Is baptism really necessary, however? Is not faith enough? Our Church teaches that both are required. As *The Orthodox Study Bible* explains why: "Because just as Christ actually died on a cross, was buried, and rose again – all through His faith and God's grace – so we must be actually immersed in the sacramental waters of baptism, made effectual through our faith and God's grace" (p. 217).

St. Nicholas Cabasilas, writing in the fourteenth century, eloquently summarizes what happens during our baptism in his great treatise, *The Life in Christ*:

As the name of the Trinity is invoked, the candidate is immersed three times in the water and then three times rises up from the water once more: and immediately he enters into possession of all that he seeks. He is born and created; he receives the good seal; he is granted all the happiness that he desires; darkness before, he now becomes light; non-existent before, he now receives existence. God claims him for his own and adopts him as a son. From prison and utter enslavement, he is led to a royal throne.

The water of baptism destroys one life and reveals another: it drowns the old man and raises up the new.

To be baptized is to be born according to Christ; it is to receive existence, to come into being out of nothing.

(Continued on pg. 2)

St.
Nicholas
Greek
Orthodox
Cathedral

JANUARY 2018 Newsletter

#### <u>Points of</u> <u>Interest Inside:</u>

- **♦ Monthly Calendar**
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- Notary Services are available at the church office
- Mimosa's & Membership!
- ♦ Icon Procession in February
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- Oratorical Festival in March
- ♦ Theophany & Blessing of the Waters
- Archdiocese Report

While the primary focus of the Feast of Theophany (Epiphany) is on the Baptism of our Lord and the consequent revelation of the Trinity, it is also a time for us to remember and celebrate our own rebirth in Christ – our baptism. Indeed, the early Christians used to bring their baptismal candles with them to hold during the services of January 6. That is why this holiday is also called the "Feast of Lights" ( $\tau \alpha \Phi \omega \tau \alpha$ ) in Greek. We see this echoed in many of the hymns for this day, such as the following (from *The Festal Men*aion (trans. Mother Mary and Kallistos Ware):

The true light has appeared, And grants enlightenment to all.

Christ who is above all purity is baptized with us; He sanctifies the water

And it becomes a cleansing for our souls.

The outward sign is earthly, The inward grace is higher than the heavens.

Salvation comes through washing, And through water the Spirit:

Descending into the water we ascend to God.

Wonderful are thy works, O Lord; glory to thee.

In the same chapter of Revelation quoted above, God also proclaims: I will give of the fountain of the water of life freely to him who thirsts" (Rev. 21:6). Furthermore, there will be no need for a sun or moon, for "the glory of God illuminated it. The Lamb [Christ] is its light" (Rev. 21:23). Water and light – these are the themes of Theophany, which recall both Jesus' baptism, and our own. They remind us that, while the fulfillment of time at the end of days is still ahead of us, today we are born again; today we are illumined; today we can repent and make a new start.

With gratitude to God for the gift of new life in Christ through water and the Spirit, and with humble prayers for a happy, healthy and Spirit-filled New Year 2017 for all, I remain,

In Christ's Love, Father Christopher Bender Rev. Christophe H. Bender

#### From the Church school Desk

Now that the New Year has begun, it is time to say thank you for the jobs well done in 2017 and to look forward to the rest of the Church School year!



Church School, organized by Anna Kukunas, had a very successful Bake Sale and sponsored a Balloon artist at the St. Nicholas Day Bazaar. Thank you, Anna, for your efforts!

Many hats, mittens, scarves, gloves, etc. were delivered to **FOCUS** for their **Project Bundle-up**. Thanks to all who contributed to this worthwhile cause.

The Church School children presented "The ABC's of Christmas" Christmas Pageant under the direction of Jenny DeMatteo, Kelly Gary and Aimee (Kotsagrelos) Walker on Sunday, December 17, 2017. It was a beautiful program enjoyed by the whole congregation. Thank you, Jenny, Kelly, and Aimee!

The St. Nicholas Church School teachers, staff and students want to wish our GOYANs (and Church School students) Good Luck at their upcoming GOYA Basketball Tournaments at Holy Cross (Pittsburgh, PA) on 01/12-14/18, Holy Trinity (Canton, OH) on 01/26-28/18 and at Sts. Constantine and Helen (Reading, PA) on 02/16-18/18.

Sunday, February 25, 2018, the Church School students will participate in the Sunday of **Orthodoxy Icon Procession** with their favorite icon!

St. Nicholas Greek Orthodox Cathedral's Church School Open House will be Sunday, March 11, 2018, where parents and grandparents attend Church School to see firsthand what their children are learning.

Church School students in grades 7<sup>th</sup>–12<sup>th</sup> can learn more about their faith and participate in the St. Nicholas Oratorical Festival that will be held in March 2018. For more information, please contact Chairman Eve Elsen at 412-580-9415 or eve.m.elsen@gmail.com.

I appreciate the support from all of you and thanks for sharing your children with us every Sunday!

Yours in Christ, Miss Michelle

#### Report on Status of Archdiocesan Financial Situation

Archdiocesan Council Received Full Report on Financial Situation

The Archdiocesan Council of the Greek Orthodox Archdiocese of America, under the chairmanship of Archbishop Demetrios of America, convened in New York for its regularly scheduled fall meeting October 19<sup>th</sup> to 20th. During the meeting, the Archdiocesan Council was updated on the financial situation of the Archdiocese. The Council reaffirmed its strong commitment to implement appropriate controls and procedures at the Archdiocese and reaffirmed its dedication to accountability and transparency. For more information please refer to press release at <a href="https://www.goarch.org/-/archdiocesan-council-receives-full-report-on-financial-situation">https://www.goarch.org/-/archdiocesan-council-receives-full-report-on-financial-situation</a>

#### Comprehensive Actions Taken in Response to Financial Situation

The Archdiocese is working expeditiously and diligently to address its financial challenges, all of which are controllable and manageable. By the Grace of God, in a matter of a few short months, the Archdiocese has taken unprecedented and concrete actions to establish the foundation for a strong future. His Eminence, Archbishop Demetrios of America, our Holy Eparchial Synod, the Executive Committee and the Archdiocesan Council are working together to bring integrity to the operations of the Archdiocese. Unprecedented actions have been taken in both substance and speed to reestablish the trust with the Faithful. These actions include the appointment of new lay leadership at the highest levels, the assignment of new people to critical senior management positions, the implementation of new internal controls, practices and procedures, the appointment of highly qualified professionals to serve on independent audit committees, the retention of accounting firms for various independent audits and reports, and very significant cost reductions. The following is a comprehensive review of the concrete actions taken in furtherance of its objectives of providing accountability and transparency to the Faithful:

#### **New Finance Committee Chairman**

Archbishop Demetrios of America announced the appointment of Archon Lazaros Kircos to serve as Chairman of the Archdiocese Finance Committee at the Archdiocesan Council meeting on October 20, 2017. Archon Kircos is committed to having the Finance Committee take its proper role in the functioning of the Archdiocese, including leading and monitoring in areas involving budgets, expenditures, finance, treasury, and long term strategic planning.

#### 2018 Archdiocesan Assessments to Metropolises

The Holy Eparchial Synod announced on October 20, 2017, that the Archdiocese 2018 assessments to the Metropolises would remain frozen at the 2017 level. This action was an act of good faith taken by the Holy Eparchial Synod, the Executive Committee and the Archdiocesan Council towards the Metropolises and our Parishes to begin the process of reestablishing trust with the Archdiocese. This action highlights the efforts by the GOA to solve its financial problems without increasing the burden to our parishes. The 7.74% increase, which had already been approved by the 2016 Clergy-Laity Congress, was rescinded, representing a significant savings to parishes for 2018. Under the guidelines of the Uniform Parish Regulations (UPR), Metropolises are determining individual Parish assessments for 2018 within the context of a level Metropolis budget for both 2017 and 2018.

#### **New Archdiocesan Standing Audit Committee**

Archbishop Demetrios announced the appointment of a new group of financial and legal professionals to serve as members of the Archdiocesan Council's Standing Audit Committee on November 9, 2017. The responsibilities of the Audit Committee will include assessing the reliability and accuracy of financial reporting; selecting external auditors; meeting with those auditors to review audit plans and results; reviewing internal controls and developing any necessary remediation plans; and monitoring compliance with applicable laws and regulations pertaining to financial controls. For more information please refer to press release at <a href="https://www.goarch.org/-/audit-committee-appointed-by-archbishop-demetrios">www.goarch.org/-/audit-committee-appointed-by-archbishop-demetrios</a> The new Audit Committee is working with the GOA's finance staff to complete the Archdiocese's 2016 financial audit by Grant Thornton. To promote accountability and transparency, audited financials will be provided, on an annual basis, to the Archdiocesan Council, the Parishes and the Faithful.

#### Special Investigative Committee related to St. Nicholas National Shrine

The Executive Committee of the Archdiocesan Council of the Greek Orthodox Archdiocese of America formed an independent Special Investigative Committee related to St. Nicholas National Shrine, at a special meeting on November 21, 2017. The Special Investigative Committee will investigate and evaluate expenditures related to the St. Nicholas Shrine construction project, and the potential use of certain St. Nicholas Shrine restricted funds for the payment of Archdiocesan general operating expenses. This special committee will make a report of its findings and recommendations to the Executive Committee, which will share the results of the investigation and recommendations with, among others, the Legal and Audit committees. It has been asked to provide a preliminary report within ninety days and periodic updates, thereafter. BakerHostetler and PwC will serve as independent legal counsel and independent accountants, respectively. For more information, please refer to press release at <a href="https://www.goarch.org/-/executive-committee-establishes-special-investigative-committee-for-st-nicholas-national-shrine">www.goarch.org/-/executive-committee-establishes-special-investigative-committee-for-st-nicholas-national-shrine</a>

#### **Completion of Operational Review by Grant Thornton**

The Archdiocese retained Grant Thornton to conduct a thorough operations review. Grant Thornton completed the Operations Review after almost six months of work, and submitted its report on December 1, 2017. This highly technical documentwill act as a critical tool for the Archdiocese with respect to becoming a world-class not-for-profit institution from an internal controls, practices and procedures <u>perspective.An</u> executive summary of the findings and recommendations of the Grant Thornton Operations Review will be shared with the Executive Committee, and the National Finance, Audit and Legal Committees. It should be noted that, with the blessing of His Eminence, Archbishop Demetrios of America, the Archdiocese started the process of improving internal controls beginning in April 2017, well before the engagement of Grant Thornton.

#### Review and Reconciliation of Archdiocese Payroll

An accounting specialist firm, Kiwi Associates, began a review of the Archdiocese's payroll and compensation on December 1, 2017. Kiwi Associates will make a report of its findings to the Executive Committee, the Audit Committee and the Legal Committee.

#### **New Finance Budget Sub-Committee**

Archon Lou Kircos, new Chairman of the Finance Committee, has established a new Budget Sub-Committee that is working with the GOA's Chancellor, Officers and Finance Staff with respect to the creation of a 2018 budget. This budget will be constructed from the ground up, and reflect the actual financial position of the Archdiocese. The Budget Sub-Committee will then meet with the Archdiocesan Chief Financial Officer and finance staff regularly to monitor variances in the budget relative to actual performance to ensure integrity.

#### **Expenses Related To The Multiple Audits, Investigations and Reports**

The Grant Thornton operations review and the payroll review by Kiwi Associates were funded by a private donor. The Archdiocese expects that the expenses related to the Special Investigative Committee for St. Nicholas will be funded by private donors. The GOA has not incurred any expense in connection with these various undertakings to date.

#### **Archdiocese Total Commitment Receipts from Parishes**

The Archdiocese recognizes and appreciates the continuing strong stewardship by its Parishes. The Finance Committee reports that through November 30, 2017, GOA's Total Commitment receipts are \$1,435,000 more than the same period a year ago, an increase of 7.9%.

## ST. NICHOLAS GREEK ORTHODOX CATHEDRAL...



### ...CHRISTMAS PAGEANT PICTURES!





# LAST CALL FOR PARISH DIRECTORY INFO

Please submit your information to be included in the updated parish directory as soon as possible!

Even if your contact information has not changed, please submit a form with your name on it so that we know your information in the current directory is accurate!

Also, please consider sponsoring the

directory to help Philoptochos offset the cost of printing. Thank you!

Please use the forms on the next page!

### Keeping up with Philoptochos

OUR MISSION: Your time, talent and treasure, is needed so we can continue to help those individuals in need.

Philoptochos is continuously working to promote the charitable, benevolent and philanthropic purposes of the Greek Orthodox Church. Your time and talent are needed so that we can continue to help those in need. If you have questions about what we do or are interested in getting involved with Philoptochos, please contact Nikki Lykos or any board member.

**Food Bank** – The Food Bank supports several of our parishioners and continues to need your support! You can donate by making a check payable to the "St. Nicholas Philoptochos Food Bank" or through United Way by designating the St. Nicholas Food Bank (#3288) through your employers United Way contribution. *Questions:* 

contact Elaine Andrianos (412-731-4334) or Denise Daugherty (412-508-1326).

## **JOY, HOPE & Little Angels**







New Year's Party – The annual JOY, HOPE and Little Angels New Year's Party will be on <u>Sunday, January 7<sup>th</sup></u> at the home of Carol and Peter Tsudis (2211 Beechwood Blvd.) immediately following church. Please join us for a fun-filled afternoon! R.S.V.P. to Maria Coutris (412-915-7838 or <u>mvcoutris@gmail.com</u>).

**Bagged Lunches for Homeless** – We will be teaming up with Philoptochos on **Friday, February 2<sup>nd</sup> at 6 p.m.** to make bagged lunches for the homeless. There will also be dinner and an activity for the kids that evening. Details to follow.

**Are you on our email list?** – If you would like to receive emails about JOY (3<sup>rd</sup>-6<sup>th</sup> grade), HOPE (K-2<sup>nd</sup> grade) and Little Angels (Toddler/Pre-K) programs and events, please provide your email address to Nikki Lykos (nvlykos@gmail.com).



# St. Nicholas Greek Orthodox Cathedral Philoptochos Society 419 S. Dithridge Street, Pittsburgh, PA 15213

September 20, 2017

Dear St. Nicholas Parishioners:

The Ladies Philoptochos Society will once again be updating our Parish Directory this year as our Service Project for our community. Our last update was in 2013. Please keep in mind that in order to be listed in the upcoming Directory, your 2016 Stewardship must be fully paid, and you must have submitted a Stewardship Pledge for 2017.

We are expanding the scope of possible information that can be shared, at the option of the individual member, in this edition of the directory, to include mobile phone numbers and email addresses (for adults only).

Since this is a time-sensitive project, we must have a definite deadline: accordingly, please fill out the information below and **return it to the Cathedral office by Sunday**, **November 19, 2017**. If your information is not returned to the Church by this date, we regret that we will not be able to include you in the updated 2018 Parish Directory.

Name

If you are a new member, have expanded information to include, or if your information has changed since the last directory, please fill out the form below. In the interest of accuracy, please PRINT CLEARLY:

Last Name

Home phone number

Mobile phone number

Email address

Spouse's Name (if Applicable):

Mobile phone number

Email address

Children's names (under 22)



# St. Nicholas Greek Orthodox Cathedral Philoptochos Society 419 S. Dithridge Street Pittsburgh, PA 15213

September 20, 2017

Dear Parishioners,

The Ladies Philoptochos Society is, once again, updating our Parish Directory as our service project to our community. We are offering our members the opportunity to sponsor, purchase or renew an ad in the directory. *Your support will help Philoptochos offset the cost of printing*.

If you would like to purchase or renew an ad or sponsor listing, please contact Michelle Kotsagrelos (412-680-1416).

## (D SIZES

Sponsor Listing \$40 Full Page (4.25" x 7.5") - \$400 Half Page (4.25" x 3.75") - \$150 Fourth Page (4.25" x 2.25") - \$80 REQUIREMENTS: All files must be black and white and in PDF or JPEG format. Electronic files can be emailed to mmk8317@hotmail.com. Please identify SN Directory in the subject line.

ADS, LISTINGS AND PAYMENT MUST BE RECEIVED BY NOVEMBER 19, 2017.

Please make check payable and send to: St. Nicholas Cathedral Philoptochos 419 S. Dithridge St. Pittsburgh, PA 15213 Your support of our parish directory is greatly appreciated. Thank you!

St. Nicholas Philoptochos

I prefer NOT to be included in the Directory. Name\_

## St. Nicholas Greek School

St. Nicholas Greek School ended 2017 with the sweet sounds of children singing the annual Christmas Carols in Greek and in English then followed by a small party. The children did a wonderful job singing the Christmas Carols in Greek. They are able to engage in the fun of singing Christmas Carols in both languages when they are sung at church, home, parties, and at various places.

During the Christmas break a group of Greek School children will bring some happiness to others by singing at nursing homes. It is always heartwarming to see the smiles of the residents as they watch children singing. And it is important for us to stop our busy lives and focus on others.

After the break, classes for adults will resume on Wednesday, January 3 at 6:30 p.m., and children classes will resume on Saturday, January 6 at 10 a.m. During the month of January, some children will be preparing for a few upcoming events. On Sunday, January 28, children will make a short presentation for the Celebration of the Three Hierarchs. On that day our annual Artoclasia, Trisagion, and Bake Sale will also be held.

In the month of January, students will also be preparing for reading Prayers in Biblical Greek to Panaghia and Christ at the beautiful services of the Salutations to our Most Holy Theotokos. We are blessed to have Deacon Haralambos come and help the students prepare for reading the prayers during those services. The Salutations to our Most Holy Theotokos will begin on February 23, 2018.

After January, preparations will be made for March 25th Celebrations of the Annunciation and Greek Independence. This coming year, March 25<sup>th</sup> will actually be on a Sunday. Keep that date open to share with St. Nicholas Greek School.



Το Ελληνικό Σχολείο του Αγίου Νικολάου τελείωσε το 2017 με τις ωραίες φωνές των παιδιών που τραγούδησαν τα Κάλαντα στα Ελληνικά και Αγγλίκα ενώ στην συνέχεια κάναμε το Χριστουγεννιάτικο Πάρτι. Τα παιδιά κάνανε πολύ καλή δουλεία. Όταν ξέρουν τα κάλαντα σε δύο γλώσσες είναι πιο ευχάριστο για τα παιδιά να τραγούδησουν με τους άλλους στην εκκλησία, στο σπίτι, και σε άλλα μέρη.

Κατά τη διάρκεια των διακοπών των Χριστουγέννων, μερικά παιδιά θα πάνε σε γηροκομεία να τραγουδήσουν τα Κάλαντα. Πάντα είναι ωραία να βλέπουμε τα χαμόγελα στα πρόσωπα των ανθρώπων που κοιτάζουν και ακούν τα παιδιά που τραγουδάνε. Είναι σημαντικό και για εμάς να σταματήσουμε αυτά που κάνουμε και να βοηθήσουμε τους συνανθρώπους μας.

Μετά τις διακοπές, το Ελληνικό Σχολείο θα ξεκινήσει για τους ενήλικους στις 3 Ιανουαρίου και για τα παιδιά στις 6 Ιανουαρίου. Τον Ιανουάριο τα παιδιά θα προετοιμάζονται για την μικρή παρουσία στην Εορτή των Τριών Ιεραρχών που θα γίνει την Κυριακή 28 Ιανουαρίου. Αυτή την ημέρα έχουμε Αρτοκλασία, Τρισάγιο, και πουλάμε γλυκά.

Μερικά παιδιά θα προετοιμάζονται να διαβάσουν τις Προσευχές για την Παναγία και τον Χριστό στους Χαιρετισμούς της Θεοτόκου. Ειναι μεγάλη μας ευλογία που ο Διάκονος Χαράλαμπος έρχεται να βοηθήσει τα παιδιά με τις προσευχές. Οι Χαιρετισμοί θα άρχίσουν στις 23 Φεβρουαρίου.

Μετά το τέλος του Ιανουαρίου θα αρχίσουν οι προετοιμασίες για την 25<sup>η</sup> Μαρτίου, την εορτή του Ευαγγέλισμού και της Ελληνικής Ανεξαρτησίας. Φέτος ο εορτασμός της 25<sup>η</sup> Μαρτίου θα γίνει την Κυριακή 25<sup>η</sup> Μαρτίου.



## **COUNTDOWN to ZERO!**

A campaign to retire the mortgage

# What a great way to kick off the New Year! Saint Nicholas made two large payments towards the mortgage principal!

2018 has begun on a very positive note for the Countdown to Zero Campaign with two payments being made in December 2017 towards the principal of the mortgage.

\$180,000 has been received in pledges (through December 12,2017) towards the campaign with payments of \$63,000 being made on these pledges.

It has been a tremendous start and as we are at year's end, there is opportunity for tax deductions for your 2017 Federal Income Tax. Year end IRA distributions can also play a role in tax determinations.

A design of a cross, utilizing engraved pavers, has been designed by parishioner and architect, Maria Velisaris Coutris. It will beautify not only the parklet side of our property but the pavers will acknowledge our donors and their loved ones.

The cross over The Royal Doors of our church serves as the inspiration for the design.

Making a pledge is a wonderful way to not only help in paying down the mortgage but to acknowledge any of the following through donating a paver:

- Honor loved ones, both living and those passed
- Organization
- Important milestone such as a graduation, wedding, a birth, or a christening,

The goal: Payoff the mortgage by April 15, 2019

All donations received will immediately go into paying the principal of the mortgage.

For more information, please contact a committee member listed below. If you have not received a campaign packet, please contact the Cathedral office at 412.682.3866.

Victor Bertolina Vasili Copetas Taki Darakos Alexandra Davides John Frentzos Jim Machin Marcie McGuire Sophia Panagis Dean Panguilias Gus Stamoolis Peter Tsudis Tulla Velisaris

## Church School Students:

Please bring an icon
Sunday, February
25, 2018
for the Sunday of
Orthodoxy
Icon Procession!





St. Nicholas Greek Orthodox Cathedral Church School Open House

Sunday, March 11, 2018
Join your Child or Grandchild for
Church Worship, Holy Communion
& Church School!

The Philoptochos Board Invites You To

## Mimosas & Membership

Sunday, January 21<sup>st</sup> During Coffee Hour

Join us to celebrate
our wonderful
organization and our
amazing women as
we kick off our 2018
membership drive.
Bring your
membership
donation to receive
your complimentary
mimosa!



## PHILOPTOCHOS UPDATES



A big THANK YOU to everyone who supported the Foster Love Project placement bag drive! Thanks to your generosity, we collected more than forty bags and \$255 in monetary donations, which will support local children in foster care!

**Spanakopita Rolls** – We have limited quantities of spanakopita rolls left for sale! They are \$9 each. If you are interested in buying spanakopita, please see any member of the Philoptochos Board.



## A Good Word-Λόγον Αγαθόν

Monthly Newsletter of the Greek Orthodox Metropolis of pittsburgh

Issue 7 — January 2018

#### Camp & Retreat Updates!

Staff applications for Summer camp 2018 are open currently on the Metropolis website. Our goal is to make all Staff selections by late March. Our promotional video is available to watch here: https://youtu.be/KSbyd15E718

The GOYA Spring Retreat will take place March 16-18. at Camp Nazareth

Lastly, the following are the 2018 Summer Camp dates that have been released. We cannot wait for the warm summer months at Camp Nazareth! Seventh graders have the option of attending either session 2 or 3:

Session 1 / / Elementary Week, 2nd-4th Grades: Sunday, June 17 - Saturday, June 23

Session 2 / / Middle School Week, 5th-7th\* Grades: Sunday, June 24 - Saturday, June 30

Session 3 / / Junior High Week, 7th\*-9th Grades: Sunday, July 1 - Saturday, July 7

Session 4 / / High School Week, 10th-12th Grades: Sunday, July 8 - Saturday, July 14



#### The GOYA Basketball Season is here!

Online Registration has opened for all participants for the upcoming GOYA Tournaments. Early Registration Deadline is January 4, 2018. Registration links, Tournament Assignments, Metropolis Rules & Guidelines, plus much more may be found on the Metropolis website: pittsburgh.goarch.org, under the Youth & Young Adults tab.

Mandatory Athletic Seminars for Advisors, Coaches, Clergy AND GOYA Officers

WEST: Saturday, Jan. 6 - St Paul, North Royalton (2pm) CENTRAL: Sunday, Jan. 7 - Kimisis Tis Theotokou, Aliquippa (2pm)

EAST: Saturday, Jan. 20 - Holy Trinity, Camp Hill (11am)

## 2018 Metropolis GOYA Basketball & Volleyball Tournaments

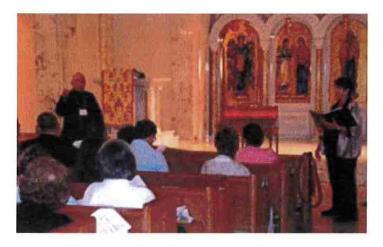
- January 12-14 / MLK Weekend: Annunciation, Akron,
   OH & Holy Cross, Pittsburgh, PA
- January 26-28 / Souper Bowl of Caring: Holy
   Trinity, Canton, OH & Annunciation, Columbus, OH
- February 9-11/Senior Recognition All Ohio Parishes: St Demetrios, Warren, OH
- February 16-18 / Senior Recognition All PA
   Parishes: Sts Constantine & Helen, Reading, PA
- March 10 (tentative) -GOYA
   Volleyball:StNicholas Cathedral,
   Pittsburgh, PA



#### Support His Eminence and the Metropolis Ministries

It costs approximately \$1,000 per day to operate our Metropolis—including His Eminence's pastoral visitations, preparations for Summer Camp and GOYA retreats, our vital registry (tracking marriages, baptisms, chrismations, and deaths), and more. Please consider sponsoring a day in the life of the Metropolis. To contribute, visit <a href="https://pittsburgh.goarch.org/support">https://pittsburgh.goarch.org/support</a>

#### MEFGOX: FOSTERING CHURCH MUSIC EDUCATION



primary goal of the Mid-Eastern Federation of Greek Orthodox Church Musicians (MEFGOX) is to encourage learning about Orthodox the hymnology - its melodies, its theology, and its forms and



structures. Because our hymns are so rich in theological information and draw attention to daily, seasonal, and yearly variations in the ecclesiastical calendar, those who sing in the Church should have these underpinnings, given their important role in our services. The Federation sponsors four programs to support this goal.

- •WORKSHOPS that provide information about both hymnology and music. A priest is invited to explain the theology behind hymns followed by a musician teaching participants how to produce better sounds or best interpret the hymns.
- Longer CHURCH MUSIC INSTITUTES, usually occurring during the Federation's Convention, provide more in-depth explorations of hymnology and musical techniques. We invite parishes to host CMI's in order to bring them to the local level.
- Through the MEMORIAL SCHOLARSHIP program, the Federation provides scholarships to students who intend to continue their stewardship in church music.

•CONTINUING EDUCATION GRANTS is our newest initiative. These focus on church musicians who wish to attend non-college programs. We have a restricted budget line for private study in music lessons, church music seminars, or choir directing.

These opportunities are available to church musicians in parishes that are Federation stewards. We hope to create a church music "culture" where learning is valued because of the sacred role choirs and chanters play in our services. We

#### Many Thanks to the 2017 Stewards of THE HOLY METROPOLIS OF PITTSBURGH

(Reflecting contributions received through 12/15/2017)

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## Music

#### ECCLESIASTICAL MUSIC MINISTRY AT THE CATHEDRAL

You are cordially invited! Come and learn Byzantine chant from a world-class instructor, or join our choir and learn to sing the unique and beautiful arrangements composed by our founding choir director!

Our Cathedral is graced by two music ministries grounded in tradition that we hope you will consider participating in:

The first is rooted at the Analogion (the Chanter Bookstand). Our Analogion Ministry, blessed by the volunteer service of

Dr. Nick Giannoukakis, invites and welcomes anyone with some musical ability, especially the younger generation, to join and learn the
beautiful and 1200 year-old tradition of Byzantine hymnology and chant. Those who faithfully adhere to the ministry will not only have an
opportunity to grow musically, but more importantly, will solidify their understanding of Greek, gain an appreciation for the structure of
the services, and a better insight into our Orthodox faith and its theology through a comprehension of the hymns. With the exception of
the summer months (June-August), the Ministry will focus on the Sunday Orthros and the occasional Vespers, in addition to the evening
services of Lent and Holy Week. Between June and early September, the Ministry will also focus on the Holy and Divine Liturgy.

Dr. Giannoukakis, who was distinguished and tonsured as Protopsaltis by Metropolitan Maximos in 1998, and noted to be among the "who is who" of Byzantine Chanters in a historical compendium published in Greece in 1994, is also the only chanter in our Metropolis to hold a certificate and diploma in Byzantine Music from a Greek Music Conservatory. Dr. Giannoukakis, personally-trained by renowned and respected Greek chanters (Constantin Lagouros, Georgios Syrkas, Emmanuel Hatzimarkos), offers music to the highest possible standards of the Great Church of Christ (the Ecumenical Patriarchate) and has successfully trained young and old individuals for more than 25 years. To learn more, and to consider

participating, contact Dr. Giannoukakis at <a href="mailto:ngn1@andrew.cmu.edu">ngn1@andrew.cmu.edu</a> or at <a href="mailto:ngn1@andrew.cmu.edu">ngiann1@pitt.edu</a>. All educational materials are complimentary. The second is rooted in the rich polyphonic innovations of the late Rudolph Agraphiotis who in the early 1900s, first composed the lyrical Liturgy conducted in our church to this day. Some of the choir members are among those who came together to constitute the first choir directed by Mr. Agraphiotis. Today, the choir is in the very capable hands of Mr. Steve Andrews who directs it as another of our Cathedral's volunteers. The choir can be heard during the Divine Liturgy for most of the year's Sunday services as well as at the services for Holy Thursday, Friday and Saturday.

The Choir invites and welcomes anyone with some musical ability, especially the younger generation, to join. To learn more, and to consider participating, contact Mr. Steve Andrews at <a href="mailto:beyondfromwithin@comcast.net">beyondfromwithin@comcast.net</a>. Why not join both ministries? As it is written: "He who delights in the Lord, and walks in the Light will not stumble" (From the Doxastikon of the Orthros of the 5th Sunday of Lent).

#### ORTHODOX CHRISTIAN STEWARDSHIP PROGRAM

## You are the Voice of Christ in a Changing World

"As the Father Has Sent Me, So I Send You" John 20:21

(and the theme of the 2016 Clergy-Laity Congress)

Re-dedicate yourself to God by participating in the Divine Liturgy each Sunday and offer your *TIME*, *Talent and treasure*.

#### **HELP US REACH/EXCEED OUR GOAL!!**

THANK YOU FOR YOUR

ONGOING AND FAITHFUL STEWARDSHIP!!!



<u>2017 STEWARDSHIP</u>		12/15/2017
Total Stewards		298
Total Amount Pledged		\$139,323.63
Average Pledge		\$467.53
% Parish Participation to Date		99%
2017 Stewards (GOAL)		300
% of Total Budget to Date		80%
2016 Budget (GOAL)		\$175,000.00
	Giving to Date:	\$171,406.31
AS OF 11/30/2017 Income: Food Festival, Pledges & Basket Collection	\$413,806.00	
Expenses: Salaries, Utilities, Maint., Commitments, etc.	\$429,797.00:	\$15,991.00

#### 2017 St. Nicholas Greek Orthodox Cathedral Stewards as of 12/15/17

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**GOYAN'S** had a wonderful time providing games and fun to all the little ones at the St. Nicholas Day Bazaar.

The Goya parents prepared a delicious assortment of soups, mac & cheese, pizza and more!

Thank you to everyone who contributed food, served and worked in the kitchen.



## GOYA NEWS

Hi all! St. Nick's Goya is thankful for the church's support for the many fundraisers we've had in the last few months leading up to our basketball season. We hope everyone had a Merry Christmas and want to thank everyone for supported our Sarris Chocolate Fundraiser, Pastitsio sale, and Saint Nicholas Bazaar.

#### SACRAMENTAL LIFE

**BAPTISM-**With much joy, love and thanksgiving, we welcome into the Body of Christ, the Church, our newest sister in Christ:

**Sophia Grace Koromvokis,** daughter of Konstantinos Koromvokis and Jillian Tully, who was born on May 24, 2016 and baptized on November 26, 2017.

Sophia's sponsor was Dr. Emanuel E. Mamatos.

Congratulations to her parents and sponsor, and may God grant all of them Many Years!

WEDDING: Congratulations to Andrew Martin Zavage and Samantha Alison Maryak, who were united in the Sacrament of Holy Matrimony on December 2, 2017. The sponsor was Peter G. Sklavos. May God bless them with Many Loving Years together!

IN MEMORIAM- Our deepest condolences to the families of:

**Katherine C. Kefalos,** who fell asleep in the Lord on September 30, 2017. Her funeral took place on Oct. 6. **Nicholas A. Beldecos,** who fell asleep in the Lord on October 9, 2017. His funeral took place on October 17. **George V. Copetas,** who fell asleep in the Lord on December 3, 2017. His funeral took place on December 7. *May their memory be eternal – Αιωνία η Μνήμη Αυτών!* 

## ATTN: FAMILIES

## DID YOU KNOW about the RESOUR(ES available at the GOAR(H.org Website?

The Center for Family Care, a ministry of the Greek Orthodox Archdiocese nurtures and empowers families, helping them navigate the joys and challenges of life. The ministry focuses on equipping families to apply the teachings and practices of the Orthodox faith into every dimension of their lives. The Ancient Faith PODCAST will feature interviews, reflections, book reviews and narratives that will encourage dialogue and strengthen families.

**Go here:** https://www.goarch.org/-/orthodox-family-faith To see all that is available to you!

### SIXTY CLUB NEWS

The Planning Committee has been encouraging adults of all ages to join us. We have actually gained a few members recently, but we would like to make everyone aware of what we are doing. Please invite your "under sixty" friends to join us for any trips, theater or lectures we may schedule.

Now we must make actual plans for 2018. Assuming this Newsletter reaches you on time please be sure to attend the **January 14 meeting** after Liturgy in the small hall to set a calendar. We already have tickets for **February 17: A FUNNY THING HAPPENED ON THE WAY TO THE FORUM, 2:00 at the O'Reilly.** Payment of \$33 is due January 28, but please make your reservations as soon as possible in case we should need more tickets. Contact Virginia Fekaris at 412-687-4804 or Alice Flocos at 412-731-4282. We also have a confirmed date for one other event, attend the meeting to find out which one. Do you have any suggestions?

We are currently looking for advice on two very different topics:

- 1. Someone to advise us on the proper projector compatible with the church's equipment for better use of the big screen. This would also benefit the Events Coordinator in booking business meetings, lectures, etc.
- 2. Someone qualified to discuss end of life medical options.

Please contact anyone on the Planning Committee know if you have any information on these or any other topics that may be of interest to our group.

## May the Good Lord grant all our St. Nicholas Family a healthy happy 2018! The Planning Committee

Virginia Fekaris, Chairperson; Elaine Andrianos, Alice Flocos, Frances Hanna, Gus Mastros, Kay Thimoleas

## Theophany & the Blessing of the Waters

**"WHAT IS THEOPHANY?"** Every year on January 5 & 6 we celebrate the great feastday of the Theophany of our Lord and Savior Jesus Christ. The Baptism of Christ in the River Jordan by St. John the Baptist presents us with a great mystery of God: "He who is the Master of all is baptized by a servant, and He gives mankind cleansing through water."

"WHAT IS A HOUSE BLESSING?" In celebration of Theophany, Orthodox Christians invite Christ not only into their hearts, but also their homes. We call upon Him to bring the blessings and spiritual cleansing of the Jordan into our daily lives. We do this each year by having the priest bless our homes with the Holy Water from the service of Theophany, offering prayers for our health, our family, and the Lord's abundant blessings in the coming year.

**"WHAT DO I NEED TO DO?"** When Fr. Christopher visits, please have ready: 1) a list of names of your family members, 2) an icon. He will begin the service in the dining room or in the area of your home where you keep your icons, and then he will ask you to guide him around the house so that he may sprinkle the Holy Water throughout it. During the service, please turn off televisions, radios, etc., and silence your cell phones, so that full concentration may be given to the service.

**"WHAT ABOUT BUSINESSES?"** You may also request a blessing for your office or business. What better way to offer thanks to the Lord for your livelihood which He provides and to ask for His continued blessings upon it?

#### **BLESSING OF HOMES:**

After the Holy Water Service on January 6<sup>th</sup>, Fr. Christopher will begin blessing the homes of our parish with holy water. *This year he will be blessing homes from January 6<sup>th</sup> - 31<sup>st</sup>.* 

IN ORDER TO HAVE YOUR HOUSE BLESSED, please fill out this form and return it to the church office. If you are mailing it, please address it to Fr. Christopher and mark it ATTN: HOUSE BLESSING. He will call you to schedule a time for your house blessing.

Name:				_
Telephone:				_
Address:				
PREFERRED TIME OF VISIT:	Morning	Afternoon	Evening	





#### FOOD FESTIVAL COOKING SCHEDULE



#### **January**

Kourambiethes	Monday, January 15			
Souzoukakia	Saturday, Sunday & Monday, January 20, 21, 22 and possibly Tuesday, January 23			
Baklava	Friday, Saturday, Sunday & Monday, January 26, 27, 28, 29			

#### **February**

Pastitsio	Saturday, Sunday and Monday, February 3, 4 and 5			
Koulourakia	Monday, February 12			
Finikia	Friday and Saturday, February 16 and 17			
Pasta Flora	Sunday and Monday, February 25 and 26			

#### March

Tiropita	Sunday and Monday, March 11 and 12				
Spanakopita	Friday, Saturday, Sunday, Monday, March 16, 17, 18, & 19 and possibly Tuesday, March 20				
	and possibly ruesday, water 20				

#### **April**

Galatoboureko	Saturday, Sunday and Monday, April 14, 15 and 16
Diples	Monday, April 23

As we welcome in the New Year, thoughts turn to food festival cooking....

Let's get the job done!

Wherever possible, weekend cooking has been scheduled so those who work during the week can also give a helping hand. The festival is the church's main fundraiser. With everyone pitching in their fair share, the task of preparing food for the thousands of guests who flock through our doors seems less daunting.

Check your schedule to see what fits... Any and all time is appreciated!

Happy New Year to all! May 2018 bless us with peace, health and good will toward men!

**St. Nicholas Annual Food Festival**Sunday, May 6th — Saturday, May 12th

## <u> JANUARY 2018</u>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 New Year's Day- OFFICE CLOSED Circumcision of Christ & St. Basil the Great- Orthros 9 a.m., Divine Liturgy 10 a.m.	GOYA Boys Basketball 7 p.m.	GOYA Girls Basketball 7 p.m.	4 Living Orthodoxy 11 a.m.	THEOPHANY EVE  Vesperal Divine Liturgy of St. Basil with Great Agiasmos 6 p.m.	6 HOLY THEOPHANY Festal Orthros, 8:30 a.m., Divine Liturgy with Great Agiasmos, 10 a.m. Greek School 10 a.m.
7 Synaxis of St. John the Baptist: Orthros 8:30 a.m., Divine Liturgy 10 a.m. followed by Parish Council Affirmation of Office AND Cutting of Vasilopita P.C. Officers Election Meeting, 12:30 p.m. Children's Party at Tsudis residence, 1 p.m.	8	9 GOYA Boys Basketball 7 p.m. Open Gym/ College- Graduate/ Young Adult Basketball 8:30 p.m.	GOYA Girls Basketball 7 p.m.	11 Living Orthodoxy 11 a.m.	12	13 Greek School 10 a.m.
14 Sunday offer Theories	15	16	17	18	19	20
Sunday after Theophany  Orthros 8:30 a.m., Divine Liturgy, 10 a.m. Holy Cross Church, Mt. Lebanon	Parish Council Meeting 7 p.m. GOYA Boys Basketball 7 p.m.	Open Gym/ College- Graduate/ Young Adult Basketball 8:30 p.m.	GOYA Girls Basketball 7 p.m.	Living Orthodoxy 11 a.m.		Greek School 10 a.m.
21 15 <sup>th</sup> Sunday of Luke	22	23	24	25	26	27
Orthros 8:30 a.m., Divine Liturgy, 10 a.m.  Philoptochos Mimosas and Membership Reception, 12:30 p.m.	GOYA Boys Basketball 7 p.m.	Open Gym/ College- Graduate/ Young Adult Basketball 8:30 p.m.	GOYA Girls Basketball 7 p.m.	Living Orthodoxy 11 a.m.	GOYA Baske	Greek School 10 a.m. tball Tournament
28 Sunday of Publican & Pharisee – Triodion begins Orthros 8:30 a.m., Divine Liturgy, 10 a.m.	29	30	31			LEGEND: Green-cathedra Red-events Blue-metropolis
Holy Trinity Church, Canton OH	GOYA Boys Basketball 7 p.m.		GOYA Girls Basketball 7 p.m.			

St. Nicholas Greek Orthodox Cathedral 419 S. Dithridge Street Pittsburgh, PA 15213 412-682-3866 www.stnickspgh.org

**DATED MATERIAL Please Deliver by January 1, 2018** 

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TO SUBMIT ITEMS FOR NLCUSION IN THIS NEWSLETTER: FEBRUARY SUBMISSIONS

**DUE JAN.15, 2018** 

