# SUNDAY, July 14 - Sunday of the Fathers of the 4th Ecumenical Council

Saints of the Day: Aquila, Apostle among the 70; Nicodemus the Righteous of Mount Athos

Second Mode · Third Eothinon



## WELCOME TO ST. NICHOLAS CATHEDRAL!

<u>VISIT www.stnickspgh.org TODAY for news and updates about our parish!</u> CLERGY: Rev. Fr. Eleftherios Constantine and Rev. Dn. Robert Lykos

Father's E-mail: fr.ec@stnickspgh.org PROTOPSALTRIA: Amy Hogg

CHOIR DIRECTOR: Steve Andrews | ORGANIST: Brett Wells

Questions about our Parish? E-mail <u>church@stnickspgh.org</u> or call 412-682-3866 <u>Our Sunday worship schedule: June – August: Orthros 8:15 a.m. & Divine Liturgy 9:30 a.m.</u>

**WELCOME, VISITORS!** You are honored guests here at St. Nicholas Cathedral and welcome at all our services. We invite you to receive the Holy Eucharist (Communion) if you are an Orthodox Christian who is prepared through fasting, prayer, and confession. If you are not Orthodox, or are Orthodox but have not prepared, we respectfully invite you instead to come forward at the end of the service for a blessing by the priest and a piece of blessed bread (antidoron).

#### **Our Mission & Vision Statements**

The MISSION of St. Nicholas Greek Orthodox Cathedral is to Proclaim the Gospel of Jesus Christ in a Spirit of Unity and Love for All through Worship, Service, Education, Fellowship and Outreach.

Our VISION is to be a Welcoming and Growing Parish, Striving to Live the New Life in Christ according to the Teachings and Traditions of the Greek Orthodox Faith.

Watch Sunday services, which are streaming live from St. Nicholas Cathedral at <a href="https://www.stnickspgh.org/">www.stnickspgh.org/</a> and click on "Live Streaming Click Here."

On-Line Giving donations are up and running on our web page <a href="https://stnickspgh">https://stnickspgh</a> by clicking the Giving tab and select donate. or you may access the donation page by visiting <a href="https://abundant.co/stnickspgh/give">https://abundant.co/stnickspgh/give</a>

### **TODAY:**

- Congratulations to Jacob and Dina (Machin) Persinger, who are bringing their baby girl, Dianna May, to church for her 40-day blessing!
- Today's Memorial Service is being chanted for the souls of the servants of God *Penny Chirigos* (6 years) & Nick Chirigos (1 year).
- **❖ FESTIVAL THANK-YOU LUNCHEON**

### THIS WEEK AT ST. NICHOLAS:

Monday, July 15: Parish Council Meeting 6:30 p.m.

YAL Basketball, 7:00 p.m.

• Tuesday, July 16: St. Marina the Great Martyr (Celebrated July 17)

Orthros 6:00 p.m.; Divine Liturgy 7:00 p.m.

Wednesday, July 17: YAL Volleyball 7:00 p.m.

• Sunday, July 21: Memorial Service for Athanasios "Tom" Contis (40 days)

### TODAY'S HYMNS AND READINGS

The Resurrection Hymn of the week in second mode is chanted twice for the Small Entrance:

Ότε κατήλθες πρὸς τὸν θάνατον, ἡ ζωἡ ἡ ἀθάνατος, τότε τὸν ἄδην ἐνέκρωσας, τῷ ἀστραπῷ τῆς θεότητος ὅτε δὲ καὶ τοὺς τεθνεῶτας, ἐκ τῶν καταχθονίων ἀνέστησας, πᾶσαι αἱ δυνάμεις τῶν ἐπουρανίων ἐκραύγαζον Ζωοδότα Χριστέ, ὁ Θεὸς ἡμῶν δόξα σοι.

When You descended unto Death, O Lord, You who are immortal Life put Hades to death, by the lightning of Your divinity. And when You raised the dead from the netherworld, all the hosts of heaven sang aloud to You, "O Christ God, Giver of life, glory to You!"

At the Small Entrance, the usual Entrance Hymn is chanted.

Following the Small Entrance, the Resurrection Hymn of the week second mode is repeated (see above).

Then we chant the Hymn of the Day (Fathers of the 4th Ecumenical Council) in plagal 4th mode:

Υπεοδεδοξασμένος εΙ, Χοιστὲ ὁ Θεὸς ήμῶν, ὁ φωστῆρας ἐπὶ γῆς τοὺς Πατέρας ἡμῶν θεμελιώσας, καὶ δι' αὐτῶν πρὸς τὴν ἀληθινὴν πίστιν, πάντας ἡμᾶς ὁδηγήσας· πολυεύσπλαγχνε, δόξα σοι.

Supremely blessed are You, O Christ our God. You established the holy Fathers upon the earth as beacons, and through them You have guided us all to the true Faith, O greatly merciful One, glory be to You.

We then chant the Apolytikion hymn for our patron, St. Nicholas, in fourth mode:

Κανόνα πίστεως καὶ εἰκόνα πραότητος, ἐγκρατείας διδάσκαλον, ἀνέδειξέ σε τῆ ποίμνη σου, ἡ τῶν πραγμάτων ἀλήθεια· διὰ τοῦτο ἐκτήσω τῆ ταπεινώσει τὰ ὑψηλά, τῆ πτωχεία τὰ πλούσια, Πάτερ ἱεράρχα Νικόλαε· πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

The truth of things have revealed you to your flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause you have achieved the heights by humility, riches by poverty. O Father and Hierarch Nicholas, intercede with Christ God that our souls be saved.

# Finally, we chant the usual kontakion in second mode:

Ποοστασία τῶν Χοιστιανῶν ἀκαταίσχυντε, μεσιτεία, ποὸς τὸν Ποιητὴν ἀμετάθετε, μὴ παρίδης, ἁμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθή, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἱκεσίαν, ἡ προστατεύουσα ἀεί, Θεοτόκε, τῶν τιμώντων σε.

O Protection of Christians that never falls, intercession with the Creator that never fails, we sinners beg you, do not ignore the voices of our prayers. O good Lady, we implore you, quickly come unto our aid, when we cry out to you with faith. Hurry to intercession, and hasten to supplication, O Theotokos who protect now and ever those who honor you.

# **Today's Epistle Reading** (*For Fathers of the 4<sup>th</sup> Ecumenical Council*): The reading is from Paul's Letter to the Titus (3:8-15)

Τέκνον Τίτε, πιστὸς ὁ λόγος· καὶ περὶ τούτων βούλομαί σε διαβεβαιοῦσθαι, ἵνα φροντίζωσι καλῶν ἔργων προϊστασθαι οἱ πεπιστευκότες τῷ Θεῷ. ταῦτά ἐστι τὰ καλὰ καὶ ἀφέλιμα τοῖς ἀνθρώποις· μωρὰς δὲ ζητήσεις καὶ γενεαλογίας καὶ ἔρεις καὶ μάχας νομικὰς περιϊστασο· εἰσὶ γὰρ ἀνωφελεῖς καὶ μάταιοι. αἱρετικὸν ἄνθρωπον μετὰ μίαν καὶ δευτέραν νουθεσίαν παραιτοῦ, εἰδὼς ὅτι ἐξέστραπται ὁ τοιοῦτος καὶ άμαρτάνει ὢν αὐτοκατάκριτος. Ὅταν πέμψω Άρτεμᾶν πρός σε ἢ Τυχικόν, σπούδασον ἐλθεῖν πρός με εἰς Νικόπολιν· ἐκεῖ γὰρ κέκρικα παραχειμάσαι. Ζηνᾶν τὸν νομικὸν καὶ Ἀπολλὼ σπουδαίως πρόπεμψον, ἵνα μηδὲν αὐτοῖς λείπη. μανθανέτωσαν δὲ καὶ οἱ ἡμέτεροι καλῶν ἔργων προϊστασθαι εἰς τὰς ἀναγκαίας χρείας, ἵνα μὴ ὧσιν ἄκαρποι. Ἀσπάζονταί σε οἱ μετ' ἐμοῦ πάντες. ἄσπασαι τοὺς φιλοῦντας ἡμᾶς ἐν πίστει. Ἡ χάρις μετὰ πάντων ὑμῶν· ἀμήν.

Titus, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissensions, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned. When I send Artemas or Tychicus to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful. All who are with me send greeting to you. Greet those who love us in the faith. Grace be with you all. Amen. [RSV]

# **Today's Gospel Reading** (For Fathers of the 4<sup>th</sup> Ecumenical Council): The reading is from the Holy Gospel according to Matthew (4:14–19)

Εἶπεν ὁ Κύριος τοῖς ἑαυτοῦ μαθηταῖς. Ύμεῖς ἐστε τὸ φῶς τοῦ κόσμου. οὐ δύναται πόλις κρυβῆναι ἐπάνω ὄρους κειμένη· οὐδὲ καίουσι λύχνον καὶ τιθέασι αὐτὸν ὑπὸ τὸν μόδιον, ἀλλ' ἐπὶ τὴν λυχνίαν, καὶ λάμπει πᾶσι τοῖς ἐν τῆ οἰκία. οὕτω λαμψάτω τὸ φῶς ὑμῶν ἔμπροσθεν τῶν ἀνθρώπων, ὅπως ἴδωσιν ὑμῶν τὰ καλὰ ἔργα καὶ δοξάσωσι τὸν πατέρα ὑμῶν τὸν ἐν τοῖς οὐρανοῖς. Μὴ νομίσητε ὅτι ἦλθον καταλῦσαι τὸν νόμον ἢ τοὺς προφήτας· οὐκ ἦλθον καταλῦσαι, ἀλλὰ πληρῶσαι. ἀμὴν γὰρ λέγω ὑμῖν, ἕως ἄν παρέλθη ὁ οὐρανὸς καὶ ἡ γῆ, ἰῶτα εν ἢ μία κεραία οὐ μὴ παρέλθη ἀπὸ τοῦ νόμου ἕως ἄν πάντα γένηται. ὃς ἐὰν οὖν λύση μίαν τῶν ἐντολῶν τούτων τῶν ἐλαχίστων καὶ διδάξη, οὕτω τοὺς ἀνθρώπους, ἐλάχιστος κληθήσεται ἐν τῆ βασιλεία τῶν οὐρανῶν· ὃς δ' ἄν ποιήση καὶ διδάξη, οὖτος μέγας κληθήσεται ἐν τῆ βασιλεία τῶν οὐρανῶν.

The Lord said to his disciples, "You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father who is in heaven. Think not that I have come to abolish the law and the prophets; I have come not to abolish them but to fulfill them. For truly, I say to you, till heaven and earth pass away, not an iota, not a dot, will pass from the law until all is accomplished. Whoever then relaxes one of the least of these commandments and teaches men so, shall be called least in the kingdom of heaven; but he who does them and teaches them shall be called great in the kingdom of heaven." [RSV]



# **TODAY**

The Food Festival is over, and it was a success! So, Parish Council would like to invite you to a

# THANK YOU LUNCHEON



For more information contact: Michelle Kotsagrelos 412-680-1416

WE WILL ALSO BE CELEBRATING
FATHER ELEFTHERIOS'

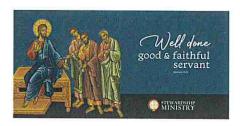
1 YEAR ANNIVESARY

AT

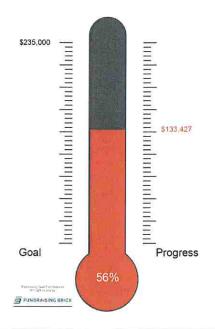
ST. NICHOLAS CATHEDRAL!

## 2024 Stewardship Pledge Cards are in the Narthex

(Just ask a member of Parish Council)



Visit our website to fill out a Stewardship Card for 2024 or to make a donation <a href="https://stnickspgh.">https://stnickspgh.</a>



2024	<b>STEWARDSHIP</b>		
Total Stewards	244 (GOAL 300)		
Total Pledged	\$ 133,427.00 GOAL (\$235,000.00)		
Avg. Pledge	\$808.65		

## **YOUTH SAFETY WORKERS**

Who is considered a Youth Safety Worker?

All Clergymen (Bishops/Priests/Deacons, both Active & Retired)
Pastoral Assistants & Youth Directors
People assisting, in any ministry, where the participants are under 18 years of age or in high school, whichever is later.

Including Parish Youth Safety Administrators, Church School Teachers, Dance Directors, Greek School Teachers, Youth Advisors (including Chaperones & Drivers) and Parish Council. Even... Parents who occasionally help-out but are alone with other people's children.

Each Youth Safety Worker is required to register yearly with the church.

Registration is available through the church office. In addition, all Youth Safety Workers are required to take two courses (on-line training platform) annually and to complete a background check every other year.

Here is the website: Please register at <a href="https://ncsrisk.org/goarch/">https://ncsrisk.org/goarch/</a>. The first course, Youth Safety, has two parts. The second course, Youth Worker Regulations, has one part. Prompt completion is necessary as one cannot participate in any youth programs without being registered, having a background check, having PA state clearances, and completing the two courses.

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# ST. JOHN CHRYSOSTOM BOOKSTORE

# New Arrivals!

Shop for books, icons, jewelry, home altar supplies, children's activities, gifts, and more.

Open after services on Sundays.



### **GOYA Technical Support**



During coffee hour, people may bring laptops, Cell phones, tablets etc.!

Some would like to complete an assignment, finish up a work slide, watch a cooking video, and more! Stop by the goya table during coffee hour with any electronic you are having difficulties with and have a goyan help you out!

# THE 2024 PITTSBURGH SUMMER GREEK FESTIVALS GUIDE

WCC-CC	It's a great tradition, and it's here again: 35 days of Greek Festivals in the Pittsl so plan well and you can eat Greek all summer! Post this schedule on your refi share copies with others. We look forward to seeing you!  LOCATION		
	□ St. Nicholas (Pittsburgh/Oakland)	June 3-7 ne 11-14 ne 13-15 ne 28-30 July 12 uly 16-20 uly 18-20	

# THE 2024 PITTSBURGH SUMMER GREEK FESTIVALS: ALL THE DETAILS

Don't cook tonight...go Greekl Please pass copies on to your friends! Greek food is always enjoyed best with good company!

Parish Dates		Address	Phone	Website	Hours Sun: 12p-8p; Mon-Fri: 11a-9p; Sat: 1p-9p	
Saint Nicholas	May 12-18	May 12-18 419 S. Dithridge Street Pittsburgh (Oakland)		www.StNicksPgh.org		
All Saints	June 3-7	601 West McMurray Road Canonsburg	724-745-5205	www.AllSaintsCbg.org	Mon-Fri: 11a-9p	
Holy Cross	June 11-14	123 Gilkeson Road Pittsburgh (Mt. Lebanon)	412-833-3355 www.HolyCrossPgh.org		Tue-Thu: 11a-8p Fri: 11a-9p	
Kimisis Tis Theotokou	June 13-15	2111 Davidson Street Aliquippa	1210100011 11111.111		Thu-Sat: 11a-8p	
Holy Dormition	June 28-30	28-30 12 Washington Avenue 412-828-4144 Oakmont		www.DormitionPgh.org	Fri-Sun: 12p-11p Dinner until 9pm	
Saint Spyridon	aint Spyridon July 12 1207 Grand Boulevard Monessen		724-684-5411 stspyridon.pa.goarch.org		Fri: 11a-9p	
Holy Trinity (Ambridge)	July 16-20	2930 Beaver Road Ambridge	724-266-5336	www.htgoc.org	Tue-Sat: 11:30a-8:30p	
Ypapanti (Presentation of Christ)	July 18-20	1672 Electric Avenue East Pittsburgh	412-824-9188	www.ypapanti.net	Thu-Sat: 11a-9p	
Holy Trinity (Pittsburgh)	August 29- September 1	985 Providence Boulevard Pittsburgh (across from Passavant Hospital)	412-366-8700	www.HolyTrinityPgh.org	Thu-Sun: 11a-9p	

Thank you for enjoying our great Greek food and visiting our churches. Want to also help these communities feed, minister to and provide health care for the hungry and needy of the Hill District and the Pittsburgh area? Support the Neighbor Resilience Project by visiting neighborhoodresilience.org, a philanthropic ministry united in faith and joined by a desire to provide action-oriented and sustainable solutions for poverty-and-trauma-affected communities in the Pittsburgh area.

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sunday of the Holy Fathers of the 4th Ecumenical Council Orthros 8:15 a.m. Divine Liturgy 9:30 a.m.	Parish Council Meeting 6:30 p.m.  YAL Basketball 7:00 p.m.	St. Marina the Great-Martyr (Celebrated July 17th) Orthros 6:00 p.m. Divine Liturgy 7:00 p.m.	YAL Volleyball 7:00 p.m.	18	19	The Holy Prophet Elias (Elijah) Festal Divine Liturg at Nativity of the Theotokos Monastery in Saxonburg, PA
4th Sunday of Matthew Orthros 8:15 a.m. Divine Liturgy 9:30 a.m.	St. Markella of Chios & St. Mary Magdelene Orthros 9:00 a.m. Divine Liturgy 10:00 a.m.  YAL Basketball 7:00 p.m.	23	24	25	26	Event (LH) 27
5th Sunday of Matthew Orthros 8:15 a.m. Divine Liturgy 9:30 a.m.	YAL Basketball 7:00 p.m.	30	31 YAL Volleyball 7:00 p.m.	AUGUST 1 Small Paraklesis 6:30 p.m.	Great Paraklesis 6:30 p.m.	Event (SH & Atrium) 3  SUGUST 1-14
6th Sunday of Matthew Orthros 8:15 a.m. Divine Liturgy 9:30 a.m.	5 Great Vespers at Holy Transfiguration Monastery in Ellwood City, PA YAL Basketball 7:00 p.m.	6 Transfiguration of our Lord Orthros 9:00 a.m. Divine Liturgy (w/ Blessing of Grapes) 10:00 a.m.	7 Small Paraklesis 6:30 p.m.	8 Great Paraklesis 6:30 p.m.	9 Small Paraklesis 6:30 p.m.	10
7th Sunday of Matthew Orthros 8:15 a.m. Divine Liturgy 9:30 a.m.	Small Paraklesis 6:30 p.m.  YAL Basketball 7:00 p.m.	Great Paraklesis 6:30 p.m.	Great Vespers in Oakmont or Aliquippa	Dormition of the Theotokos Orthros 9:00 a.m. Divine Liturgy 10:00 a.m.	16	GOMoP Palooza (in Warren, OH) 11am-9pm